

Meals at Home Menu Card

Week 1

Please choose a main course and dessert for each day you would like a meal. If you would also like the soup option, please tick the box. This carries a small additional charge.

| | MAIN COURSE | | DESSERT | | OPTIONAL SOUP | |
|-------|---------------------------------|--------------------------|-------------------------------|--------------------------|--------------------|--------------------------|
| MON | Chicken Chasseur | <input type="checkbox"/> | Orange Sponge | <input type="checkbox"/> | Lentil | <input type="checkbox"/> |
| | Minced Pork & Potato Pie | <input type="checkbox"/> | Bread & Butter Pudding | <input type="checkbox"/> | | <input type="checkbox"/> |
| | Macaroni Cheese (V) | <input type="checkbox"/> | Apple Pie (RS) | <input type="checkbox"/> | | <input type="checkbox"/> |
| TUES | Cottage Pie | <input type="checkbox"/> | Rhubarb Crumble | <input type="checkbox"/> | Scotch Broth | <input type="checkbox"/> |
| | Fish & Mash | <input type="checkbox"/> | Stewed Apple & Custard | <input type="checkbox"/> | | <input type="checkbox"/> |
| | Cauliflower & Broccoli Bake (V) | <input type="checkbox"/> | Golden Syrup Sponge (RS) | <input type="checkbox"/> | | <input type="checkbox"/> |
| WED | Pork Steakette | <input type="checkbox"/> | Apple Pie | <input type="checkbox"/> | Potato & Leek | <input type="checkbox"/> |
| | Lancashire Hotpot | <input type="checkbox"/> | Ginger Sponge | <input type="checkbox"/> | | <input type="checkbox"/> |
| | Vegetable Lasagne (V) | <input type="checkbox"/> | Rhubarb Crumble (RS) | <input type="checkbox"/> | | <input type="checkbox"/> |
| THURS | Irish Stew | <input type="checkbox"/> | Treacle Tart | <input type="checkbox"/> | Pea & Ham | <input type="checkbox"/> |
| | Chicken & Vegetable Pie | <input type="checkbox"/> | Apricot Crumble | <input type="checkbox"/> | | <input type="checkbox"/> |
| | Vegetarian Pasta Bake (V) | <input type="checkbox"/> | Blackcurrant Pie (RS) | <input type="checkbox"/> | | <input type="checkbox"/> |
| FRI | Steak & Kidney Pie | <input type="checkbox"/> | Jam Sponge | <input type="checkbox"/> | Chunky Vegetable | <input type="checkbox"/> |
| | Fish Pie | <input type="checkbox"/> | Plum & Cherry Pie | <input type="checkbox"/> | | <input type="checkbox"/> |
| | Omelette & Chips (V) | <input type="checkbox"/> | Lemon Sponge (RS) | <input type="checkbox"/> | | <input type="checkbox"/> |
| SAT | Minted Lamb & Dumplings | <input type="checkbox"/> | Plum & Cherry Crumble | <input type="checkbox"/> | Tomato & Vegetable | <input type="checkbox"/> |
| | Vienna Steak | <input type="checkbox"/> | Jam Roly Poly | <input type="checkbox"/> | | <input type="checkbox"/> |
| | Vegetarian Sausage & Mash (V) | <input type="checkbox"/> | Apple/Blackberry Crumble (RS) | <input type="checkbox"/> | | <input type="checkbox"/> |
| SUN | Beef with Roast Potatoes | <input type="checkbox"/> | Sticky Toffee Pudding | <input type="checkbox"/> | Cream of Mushroom | <input type="checkbox"/> |
| | Chicken Breast | <input type="checkbox"/> | Blackcurrant Sponge | <input type="checkbox"/> | | <input type="checkbox"/> |
| | Vegetarian Cottage Pie (V) | <input type="checkbox"/> | Sultana Sponge (RS) | <input type="checkbox"/> | | <input type="checkbox"/> |

V = Vegetarian RS = Reduced Sugar

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Meals at Home Menu Card

Week 2

Please choose a main course and dessert for each day you would like a meal. If you would also like the soup option, please tick the box. This carries a small additional charge.

| | MAIN COURSE | DESSERT | OPTIONAL SOUP |
|-------|---------------------------------|-----------------------------|--------------------|
| MON | Lamb & Vegetable Casserole | Blackcurrant Pie | Scotch Broth |
| | Chicken & Mushroom Pie | Apple & Blackberry Crumble | |
| | Vegetarian Pasta Bolognese (V) | Jam Roly Poly (RS) | |
| TUES | Pork & Root Veg Casserole | Golden Syrup Sponge | Potato & Leek |
| | All Day Breakfast | Treacle Tart | |
| | Cheesy Vegetable Bake (V) | Stewed Apple & Custard (RS) | |
| WED | Minced Beef & Onion Pie | Semolina with Apple | Pea & Ham |
| | Salmon Supreme | Sultana Sponge | |
| | Macaroni Cheese (V) | Jam Sponge (RS) | |
| THURS | Chicken & Vegetable Casserole | Lemon Sponge | Chunky Vegetable |
| | Shepherd's Pie | Summer Fruit Pie | |
| | Cauliflower & Broccoli Bake (V) | Apple Crumble (RS) | |
| FRI | Savoury Minced Beef | Apple Crumble | Tomato & Vegetable |
| | Fish in Parsley | Baked Fruit Bread Pudding | |
| | Vegetable Lasagne (V) | Golden Syrup Sponge (RS) | |
| SAT | Chicken Supreme | Bakewell Tart | Lentil |
| | Beef Stew & Dumplings | Lemon/Summer Fruit Sponge | |
| | Vegetarian Pasta Bake (V) | Rhubarb Crumble (RS) | |
| SUN | Sliced Turkey with Stuffing | Spotted Dick | Chicken Broth |
| | Lamb in Gravy | Stewed Apple & Rice | |
| | Omelette & Chips (V) | Blackcurrant Pie (RS) | |

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Week 3

Please choose a main course and dessert for each day you would like a meal. If you would also like the soup option, please tick the box. This carries a small additional charge.

| | MAIN COURSE | | DESSERT | | OPTIONAL SOUP |
|-------|---------------------------------|--------------------------|-------------------------------|--------------------------|--------------------|
| MON | Chicken & Bacon Hotpot | <input type="checkbox"/> | Ginger Sponge | <input type="checkbox"/> | Potato & Leek |
| | Fish in Butter | <input type="checkbox"/> | Plum & Cherry Crumble | <input type="checkbox"/> | |
| | Macaroni Cheese (V) | <input type="checkbox"/> | Lemon Sponge (RS) | <input type="checkbox"/> | |
| TUES | MAIN COURSE | | DESSERT | | OPTIONAL SOUP |
| | Corned Beef Hash | <input type="checkbox"/> | Bread & Butter Pudding | <input type="checkbox"/> | Pea & Ham |
| | Lamb & Vegetable Casserole | <input type="checkbox"/> | Orange Sponge | <input type="checkbox"/> | |
| | Cauliflower & Broccoli Bake (V) | <input type="checkbox"/> | Apple Pie (RS) | <input type="checkbox"/> | |
| WED | MAIN COURSE | | DESSERT | | OPTIONAL SOUP |
| | Sausage in Gravy | <input type="checkbox"/> | Plum & Cherry Pie | <input type="checkbox"/> | Chunky Vegetable |
| | Cottage Pie | <input type="checkbox"/> | Jam Sponge | <input type="checkbox"/> | |
| | Vegetable Lasagne (V) | <input type="checkbox"/> | Sultana Sponge (RS) | <input type="checkbox"/> | |
| THURS | MAIN COURSE | | DESSERT | | OPTIONAL SOUP |
| | Ham & Leek Crumble | <input type="checkbox"/> | Stewed Apple & Custard | <input type="checkbox"/> | Lentil |
| | Beef Stew & Dumplings | <input type="checkbox"/> | Treacle Tart | <input type="checkbox"/> | |
| | Vegetarian Pasta Bake (V) | <input type="checkbox"/> | Apple/Blackberry Crumble (RS) | <input type="checkbox"/> | |
| FRI | MAIN COURSE | | DESSERT | | OPTIONAL SOUP |
| | Lancashire Hotpot | <input type="checkbox"/> | Apricot Crumble | <input type="checkbox"/> | Scotch Broth |
| | Sweet & Sour Chicken | <input type="checkbox"/> | Sticky Toffee Pudding | <input type="checkbox"/> | |
| | Omelette & Chips (V) | <input type="checkbox"/> | Jam Roly Poly (RS) | <input type="checkbox"/> | |
| SAT | MAIN COURSE | | DESSERT | | OPTIONAL SOUP |
| | Chicken in Gravy | <input type="checkbox"/> | Blackcurrant Sponge | <input type="checkbox"/> | Cream of Mushroom |
| | Salmon Crumble | <input type="checkbox"/> | Apple Pie | <input type="checkbox"/> | |
| | Vegetarian Sausage/Mash (V) | <input type="checkbox"/> | Stewed Apple & Custard (RS) | <input type="checkbox"/> | |
| SUN | MAIN COURSE | | DESSERT | | OPTIONAL SOUP |
| | Lamb in Gravy | <input type="checkbox"/> | Jam Roly Poly | <input type="checkbox"/> | Tomato & Vegetable |
| | Beef with Roast Potatoes | <input type="checkbox"/> | Rhubarb Crumble | <input type="checkbox"/> | |
| | Vegetarian Cottage Pie (V) | <input type="checkbox"/> | Jam Sponge (RS) | <input type="checkbox"/> | |

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Meals at Home Menu Card

Week 4

Please choose a main course and dessert for each day you would like a meal. If you would also like the soup option, please tick the box. This carries a small additional charge.

| | MAIN COURSE | DESSERT | OPTIONAL SOUP |
|-------|---------------------------------|-----------------------------|--------------------|
| MON | Minced Beef & Onion Pie | Sultana Sponge | Pea & Ham |
| | Cumberland Sausage | Semolina with Apple | |
| | Vegetarian Pasta Bolognese (V) | Apple Crumble (RS) | |
| TUES | MAIN COURSE | DESSERT | OPTIONAL SOUP |
| | Lemon & Ginger Chicken | Stewed Apple & Rice | Lentil |
| | Savoury Minced Beef | Golden Syrup Sponge | |
| | Cheesy Vegetable Bake (V) | Lemon Sponge (RS) | |
| WED | MAIN COURSE | DESSERT | OPTIONAL SOUP |
| | Minted Lamb & Dumplings | Summer Fruit Pie | Tomato & Vegetable |
| | Meatballs & Mushy Peas | Apple Crumble | |
| | Macaroni Cheese (V) | Blackcurrant Pie (RS) | |
| THURS | MAIN COURSE | DESSERT | OPTIONAL SOUP |
| | Fish in Butter | Baked Fruit Bread Pudding | Potato & Leek |
| | Irish Stew | Blackcurrant Pie | |
| | Cauliflower & Broccoli Bake (V) | Rhubarb Crumble (RS) | |
| FRI | MAIN COURSE | DESSERT | OPTIONAL SOUP |
| | Chicken Curry | Lemon/Summer Fruit Sponge | Scotch Broth |
| | Steak & Kidney Pie | Bakewell Tart | |
| | Vegetable Lasagne (V) | Stewed Apple & Custard (RS) | |
| SAT | MAIN COURSE | DESSERT | OPTIONAL SOUP |
| | Shepherd's Pie | Apple & Blackberry Crumble | Chicken Broth |
| | Fish & Mash | Spotted Dick | |
| | Vegetarian Pasta Bake (V) | Jam Roly Poly (RS) | |
| SUN | MAIN COURSE | DESSERT | OPTIONAL SOUP |
| | Chicken Breast | Treacle Tart | Chunky Vegetable |
| | Pork in Gravy | Lemon Sponge | |
| | Omelette & Chips (V) | Golden Syrup Sponge (RS) | |

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