



## Birthday Parties

- For children aged 2 to 10 years
- Bouncy Castle and Mixed Games or Mixed Sports Parties
- Football Parties
- Soft Play Adventure Parties
- Parties include an hour activity followed by a tasty party tea



## Something For EVERYONE

- Café and Bar
- Creche
- Equilibrium Therapy Suite
- Junior Activities
- School Holiday Activities
- Soft Play Adventure Area
- Squash
- Tennis

Sports Hall Activities: Badminton, Basketball, Netball, Table Tennis



### Centre Opening Times

Monday to Friday 6.30am to 11.00pm  
 Saturday 8.00am to 8.00pm  
 Sunday 8.00am to 10.00pm

### Fitness Centre

Monday to Friday 6.30am to 10.00pm  
 Saturday 8.00am to 6.00pm  
 Sunday 8.00am to 8.00pm

Please contact us for more details... We look forward to seeing you soon



VICARAGE ROAD, EGHAM, SURREY, TW20 8NL

Tel: 01784 437695 Fax: 01784 434138

E-mail: [elc@runnymede.gov.uk](mailto:elc@runnymede.gov.uk)

[www.eghamleisurecentre.co.uk](http://www.eghamleisurecentre.co.uk)

# Sport

## SURREY YOUTH GAMES



The Surrey Youth Games are the largest annual youth sports festival in Surrey. Over 2500 young people have the opportunity to experience a competitive, countywide sporting event.

The Games are essentially a mini Olympic event, where each of the eleven Boroughs in Surrey compete against each other in a variety of sports including Athletics, Badminton, Basketball, Boccia, Fencing, Football, Futsal, Hockey, Judo, Netball, Rugby, Squash, Swimming and Tennis

There are also many opportunities for young people to get involved in officiating and volunteering tasks such as promotional work, umpiring, recording scores as well as coordinating other volunteers.

If you are interested in representing Runnymede in the Surrey Youth Games, you must attend the pre Games trials and training sessions, in order to be selected. The training

programme is available from April. Visit

[www.runnymede.gov.uk/sport](http://www.runnymede.gov.uk/sport) for more details.



### SIGN UP FOR FREE E-UPDATES!

Do you want to receive FREE leisure updates direct to your PC or mobile? To get up to date information about what's going on in your area, send an email to [leisure@runnymede.gov.uk](mailto:leisure@runnymede.gov.uk) and you will be added to the mailing list for updates.

[www.runnymede.gov.uk/leisure](http://www.runnymede.gov.uk/leisure)



## AEROBICS:

Addlestone Leisure Centre

School Lane, Addlestone, Surrey, KT15 1TD

Contact: Mr Mark Brough (Manager)

Tel: 01932 858966

Email: [alcenquiries@runnymede.gov.uk](mailto:alcenquiries@runnymede.gov.uk)

[www.addlestone-leisure-centre.co.uk](http://www.addlestone-leisure-centre.co.uk)

Info: Contact Leisure Centre for details of classes.

Olliewoodfit Ltd

Venue: Jubilee High School

Contact: Oliver Wilson (Coach)

Tel: 07956 440814

Email: [olliewoodfit@hotmail.com](mailto:olliewoodfit@hotmail.com)

## ANGLING:

Addlestone Angling Society

Venue: Nutty Lane, Shepperton,

Wey Navigation Canal and

Basingstoke Canal

Contact: Mr I Finch (Secretary)

Tel: 01932 873152

Info: Fishing on local canals, rivers and gravel pits. Juniors and disabled welcome.

Runnymede Angling Association

Venue: Lakes at Ten Acre Lane

and Chertsey Lane, Thorpe.

Contact: Mr Ian Penny (Secretary)

Tel: 07801 393501

Email: [runnymedeaa@yahoo.co.uk](mailto:runnymedeaa@yahoo.co.uk)

Info: Local fishing club where Juniors and disabled are welcome. There are



disabled fishing platforms available at both lakes.

### Wey Valley Disabled Angling Association

Contact: Mr Dave Phillips (Secretary)  
Tel: 01252 542540  
Email: davephillips.1@btinternet.com  
www.wvdaa.demon.co.uk

Info: The Wey Valley Disabled Anglers Association, known as the WVDAA, is run by a democratically elected committee under the rules of the Charity Commission. Our aim is to promote disabled angling and organise disabled fishing along side able-bodied anglers. We also look after the interests of disabled anglers and encourage companionship and fair competition between disabled and able-bodied anglers. Membership of our club is open to able-bodied and disabled anglers alike.

### ARCHERY:

#### Laleham Archery Club

Venue: Staines and Laleham Sports and Leisure Club, Worple Road, Staines, Middx, TW18 1HR  
Contact: Mr Andy Woodger (Secretary)  
Tel: 01784 259723  
Email: secretary@lalehamarcheryclub.co.uk  
www.lalehamarcheryclub.co.uk

Info: Archery Club meeting Friday evenings and Sundays, look on web address for further information

#### Spelthorne Archers

Venue: Lakeside, Meadhurst Club, Chertsey Road, Sunbury  
Contact: Mr Peter Green (Secretary)  
Tel: 01784 259723  
www.spelthornearchers.org.uk  
Info: Daylight hours all year round

### Woking Archery Club

Venue: Wisley Lane, Wisley Nr Woking Surrey  
Contact: Ms Brenda Champion (Secretary)  
Tel: 01932 232211 (day) / 01932 402414 (eve)  
www.wokingarcheryclub.co.uk

Info: We run archery for all ages, we shoot all year round on a Sunday morning outdoors & evenings from April to end September, from October to March the evenings are held at Quicks Archery Centre, Walton On Thames. We do beginners courses all year round and run a full programme.

### ATHLETICS:

#### Walton Athletic Club

Venue: Stompond Lane Sports Ground, Stompond Lane, Walton on Thames, Surrey, KT12 0RD  
Contact: Mr Jack Rutherford (Chair)  
Tel: 01932 225351  
Email: info@waltonac.co.uk  
www.waltonac.co.uk

Info: The club welcomes new members of all abilities and any age from 9 years upwards. All you have to do is to come along to one of the training sessions, introduce yourself to one of the coaches and join in. We do not ask new members to pay a membership fee and formally join the club until they have been coming along for a few weeks and decided that they wish to continue. If you want more information or want to talk to someone before you come along, email your details to info@waltonac.co.uk or phone the club secretary on 01932 225351.

### Woking Athletics Club

Venue: Sheerwater Athletics Track, Blackmoor Crescent, Woking, GU21 5NS  
Contact: Mr Paul Cousins (Secretary)  
Tel: 01483 772156  
Email: wokingac@btinternet.com  
www.wokingac.com

Info: Woking Athletics Club encourage and enable athletes of all ages and abilities to enjoy athletics. Tuesday / Thursdays, 6.30pm - 8.00pm



### BADMINTON:

#### ACE Junior Badminton Club

Venue: Addlestone Leisure Centre, School Lane, Addlestone, Surrey, KT15 1TD  
Contact: Mrs Andrea Boyd (Coach)  
Tel: 01932 858966  
Email: andreaboyd909@hotmail.com

Info: Badminton for Juniors 8 - 18yrs, of all abilities. Option to play competitively in leagues.

#### Addlestone Leisure Centre Social Badminton Club

Venue: Addlestone Leisure Centre, School Lane, Addlestone, Surrey, KT15 1TD  
Contact: Mr Paul Druce (Secretary)  
Tel: 01932 425626 / 01932 846448



### BASKETBALL:

#### London Heathrow Acers

Venue: Spelthorne College Sports Hall, Spelthorne College, Church Road, Ashford, Middlesex,  
Contact: Miss Hazel Parsons (Club Secretary)  
Tel: 01784 248666 ext 207  
Email: hp@spelthorne.ac.uk  
Info: Female Basketball club



#### Woking Blackhawks Junior Basketball Club

Venue: See website for details  
Contact: Mr Keith Farmer (Chairman)  
Tel: 01483 771500 / 0131 448 5979 / 07917 020926  
www.blackhawks.co.uk

Info: The club provides training and competitive Basketball for boys, girls, men and ladies from 8 years upwards. The club has Clubmark Accreditation and all training is provided by England Basketball qualified coaches

### BOWLS:

#### Addlestone Victory Bowls Club

Venue: Victory Park, Chertsey Road, Addlestone, Surrey  
Contact: Mrs Miriam Parker  
Tel: 01932 348229

#### Chertsey Bowling Club

Venue: Chertsey Recreation Ground, Guildford Road, Surrey  
Contact: Mr Herbert Manton  
Tel: 01932 560053

### Chertsey Hall Indoor Short Mat Bowls Club

Venue: Chertsey Hall, Heriot Road, Chertsey, Surrey  
Contact: Mrs E Jackson  
Tel: 01932 565190

### Egham Bowls Club

Venue: Egham Bowls Club, Manorcroft Road, Egham, Surrey, TW20 9LX  
Contact: Mr Roger Parker (Management Secretary)  
Tel: 01344 849080  
Email: ebc@eghambowls.co.uk

Info: Indoor and outdoor bowls, Summer coaching for new bowlers May - September (Indoors)

### Heathvale Bowling Club

Venue: Heathvale Recreation Ground, Parkside, New Haw, Surrey, KT15 3AN  
Contact: Mr John Neal (Secretary / Captain)  
Tel: 07909 961538

Info: Flat Lawn Green Bowls, Tuesday evenings, May – Sept, 6pm onwards

### Ottershaw Bowling Club

Venue: Memorial Fields, Foxhills Road, Ottershaw, Surrey  
Contact: Mrs Jean Ayres  
Tel: 01932 344245

### CANOEING:

#### Addlestone Canoe Club

Venue: End of Burcott Gardens, Addlestone, Surrey  
Contact: Jane Armitage  
Tel: 07973 119978  
Email: acc1@btopenworld.com  
www.addlestonecc.org.uk

Info: Canoe and Kayak club - we can offer training in several paddle sport disciplines - marathon and sprint

racing, slalom, white water, playboating, open boating, canoe polo and recreational paddling.

### CHEERLEADERING:

#### Pixies Allstars

Venue: Woking High School, Morton Road, woking, Surrey,  
Contact: Ms Jakki Pond-Grainger (Coach)  
Tel: 01932 232830  
Info: Cheerleading club, Mondays 7.30 - 8.30pm

### CIRCUIT TRAINING:

**Addlestone Leisure Centre**, School Lane, Addlestone, Surrey, KT15 1TD  
Contact: Mr M Brough (Manager)  
Tel: 01932 858966  
Email: alcenquiries@runnymede.gov.uk  
www.addlestone-leisure-centre.co.uk

Info: Contact Leisure Centre for details of classes

### CRICKET:

#### Chertsey Cricket Club

Venue: Grove Road, Chertsey, Surrey, KT16 9DN  
Contact: Ms Sue Broughton (Secretary)  
Tel: 07802 348444  
Email: third.stump@chertseycc.org.uk  
www.chertseycc.org.uk

Info: One of the oldest clubs in England, CCC is credited with the first use of third stump. We run four senior teams playing on Saturday, two on Sunday and a social league on Thursday evenings. Thriving Juniors teams from under 9's up, with coaching for younger players.

#### Egham Cricket Club

Venue: Vicarage Road, Egham, Surrey, TW20 8HP  
Contact: Mr R L Amon (Secretary)  
Tel: 01932 563602  
www.eghamcricketclub.com

Info: To promote and play cricket from colts to seniors. Colts Monday 6pm to 9pm. Seniors Wednesday 6pm to 8pm.

#### Englefield Green Cricket Club



Venue: The Pavillion, Cricketers Lane, Englefield Green, Surrey, TW20 0YX  
Contact: Mr Mick Berwick (Club Secretary)  
Tel: 07973 316648  
Email: mike.berwick@ntlworld.com  
www.egcc.play-cricket.com

Info: Founded in 1879. Wey Valley Cricket League Div 1 runners-up in 2007. Saturdays, two WVCL XIs Plus friendly Sunday & Midweek XIs. New players of all ages, umpires, scorers & social members welcome.

#### Ottershaw & Hamm Moor Cricket Club

Contact: Memorial Fields, Foxhills Road, Ottershaw, Surrey  
Title: Mr C Jaycock (Secretary)  
Tel: 01784 256455 (eve)  
Email: chris.jaycock@floor.com

#### Runnymede Rascals Cricket Club

Venue: Addlestone Leisure Centre, School Lane, Addlestone, Surrey, KT15 1TD  
Contact: Mr Keith Hance  
Tel: 07709 342 300 (day)  
Email: keith\_hance@hotmail.com

### CYCLING:

#### Hounslow & District Wheelers

Venue: Various  
Contact: Mr Bill Carnaby (Secretary)  
Tel: 0208 977 8798

Email: billcarnaby@hotmail.com  
www.hounslowanddistrictwheelers.co.uk  
Info: Cycling Club. Tuesday evenings and Sunday mornings

#### The Surrey Cycleway

Venue: Various  
Tel: 08456 009009  
Email: contact.centre@surreycc.gov.uk  
www.surreycc.gov.uk  
Info: 8 Cycle guides for the Surrey area are available from Surrey County Council

### DANCE:



**Ann Langley School of Dancing**  
Venue: Shepperton Village Hall, High Street, Shepperton, TW17 9AU & Green Centre, Glebeland Gardens, Shepperton, TW17 9DH  
Contact: Ms Ann Langley (Principle)  
Tel: 0208 751 2177  
Email: langleydancing@hotmail.com  
www.langleydancing.co.uk

Info: Classes for Adults in Ballroom & Latin, Salsa & Line Dancing. Tues / Wed/ Thur / Fri 7.30 - 9.30pm

#### Arabesque School of Dance

Venue: St Judes C of E Junior School, Bagshot Road, Englefield Green, Surrey, TW20 0RU  
Contact: Mrs P Clinton - Little (Principle)  
Tel: 01344 893769  
Email: penny@arabesque99.freeseve.co.uk

Info: Ballet classes for 2 years and up. Royal Academy of Dance syllabus classes 5 years plus. Monday and Tuesday

### Chertsey Over 60's Dance Club

Venue: Chertsey Hall, Heriot Road,  
Chertsey, Surrey  
Contact: Mrs E Jackson  
Tel: 01932 565190

### Chertsey Sequence Dance Club

Venue: Chertsey Hall, Heriot Road,  
Chertsey, Surrey  
Contact: Mrs V D LePetit  
(Chairman / Secretary)  
Tel: 0208 393 4249

Info: Social ballroom and latin dancing  
in sequence with tuition in all dances.  
Tuesdays 2 - 4.30pm

### Community Dance Academy

Venue: Cleves School, Oatlands  
Avenue, Weybridge, KT13 9TS  
Contact: Mrs Julie Walker  
(Administrator)  
Tel: 01483 776128  
Email: sa.dance@surrey.gov.uk  
www.surreycc.goc.uk/dance

Info: Creative contemporary dance  
classes for children aged 6-16  
throughout Surrey

### Community Dance Academy

Venue: Classes held throughout  
Surrey - check our website for details  
Contact: Mrs Helen Farrow (Dance  
Project Co-Ordinator)  
Tel: 01483 776128  
Email: helen.farrow@surreycc.gov.uk  
www.surreycc.gov.uk/arts

Info: Creative dance classes for  
children from 6 to 16 years old. Also  
boys only classes and Big Top Dance  
Company - surrey's Pre-Professional  
Dance Company for 16 to 24 year olds.  
Monday, Tuesdays and Thursdays

### Lyne Sequence Dance Club

Venue: Lyne Village Hall, Lyne Lane,  
Lyne, Surrey KT16 0AN  
Contact: Mr J C Lott

(Committee Member)

Tel: 01932 873430

Info: Ballroom and Latin American to  
16 bars repeated

### Wentworth Dance Centre

Venue: Trumps Green Infant School,  
Crown Road, Virginia Water, Surrey  
GU25 4HD  
Contact: Mrs Moon (Co Principle)  
Tel: 01344 884749

Info: Classes in Ballet, Tap Modern  
and Drama for ages 2.5 to Adult

### DRAGON BOATING:



Waysbury Dragons  
(part of WSPC)

Venue: Waysbury Skiff and  
Punting club, Riverside, Egham,  
Surrey, TW20 0AA  
Contact: Mr Sean Walters  
Email: jigwaltz@hotmail.com  
www.wamdragons.com  
Info: Please look at website for details

### FENCING:

#### Egham Fencing Club

Venue: Egham Leisure Centre,  
Vicarage Road, Egham,  
Surrey, TW20 8NL  
Contact: Mr Mick Johnson  
Tel: 07770 672124  
Email: mick.epee@ntlworld.com

### FOOTBALL:

#### 5 a side Leagues

Venue: Egham Leisure Centre,  
Vicarage Road, Egham,  
Surrey, TW20 8NL  
Tel: 01784 437695  
Email: elc@runnymede.gov.uk  
www.eghamleisurecentre.co.uk  
Info: The leagues take place on a  
Monday or Wednesday evening on our  
3G pitches and are open to all ages

and abilities. If you are interested in  
joining a league then contact the  
Football Development Officer

### Abbey Rangers FC

Venue: Addlestone Moor,  
Addlestone, KT15 2QH  
Contact: Mr Graham Keable (Secretary)  
Tel: 07711 042588 / 01932 882132  
Email: join@abbeyrangers.com  
www.abbeyrangers.co.uk

Info: FA Community Football club  
offering football to Boys U7 - U18,  
Girls U10 - U16, Ladies, Sat Men, Sun  
Mens. Also Girls soccer school U8 -  
U9, and Saturday Soccer School Boys  
and Girls U3 - U6.

### Chertsey Town FC

Venue: Alwyns Lane, Chertsey,  
Surrey, KT16 9DW  
Contact: Chris Gay (Secretary)  
Tel: 01932 561774  
Email: Chertseytownfc@yahoo.co.uk  
www.chertseytownfc.co.uk

Info: Junior / Youth Football club for  
age groups 6 to 17. Saturdays am,  
Wednesday and Thursday Evenings

### Chertsey Town Juniors FC

Venue: Various Locations  
around Chertsey  
Contact: Mandy Boole (Secretary)  
Tel: 01932 882522

Email: secretary@  
chertseytownjuniors.co.uk  
www.ctjfc.com

Info: Chertsey Town Juniors Football  
Club was established in 1973. Since



the year 2000 the club has been  
affiliated to Chertsey Town Football  
Club who play in the Combined  
Counties League. Currently our club  
runs teams ranging from Under 6's  
(who play friendly games) to Under  
18's. As our players progress through  
the club they have the opportunity to  
join the senior club. Our teams play in  
various leagues including the Surrey  
Primary League, Guildford Shere and  
District League and the West Surrey  
Youth League. All our coaches and  
managers have achieved the 'FA Level  
1 Club Coach' award. Some of our  
managers have also achieved Level 2  
standard, others are working their way  
towards this award. The club recently  
achieved FA Charter Standard status.  
"The Charter Standard Scheme is best  
practice guide that sets standards of  
coaching, administration and child  
protection for clubs working with  
young people."

### Egham 5's Football Coaching

Venue: Egham Leisure Centre,  
Vicarage Road, Egham,  
Surrey, TW20 8NL  
Tel: 01784 437695  
www.eghamleisurecentre.co.uk

Info: An opportunity for children aged  
4 to 10 years of all abilities to learn  
new skills and techniques through fun  
and games and small sided matches.  
Tuesdays 4pm - 5.30pm ans  
Saturdays 10 -11am or 11am - 12pm

### Egham Town Football Club Ltd

Venue: Egham Football Club,  
Runnymede Stadium, Tempest Road,  
Egham, Surrey, TW20 8HX  
Contact: Mr Patrick Bennett  
Tel: 01483 765442 / 07974 370793  
Email: et.ltd.bb@btconnect.com  
www.eghamfc.co.uk

Info: Tuesdays & Thursdays Adults  
7pm - 10pm. Junior & Youth  
Monday - Thursday

#### Englefield Green Rovers FC

Venue: Coopers Hill Lane, Englefield  
Green, Surrey

Contact: Mr Jon West (Secretary)  
Tel: 01932 347256

Email: jon.west@nfpfoil.com

Info: Public are welcome to visit the  
ground on matchdays (Saturdays).  
Members have access to the bar and  
satellite TV. New members always  
welcome, please contact the  
secretary. (Public toilets and parking  
available)

#### Heathervale FC

Venue: Heathervale Recreation  
Ground, Parkside, New Haw,  
Surrey, KT15 3AN

Contact: Mr Colin Arnold (Secretary)  
Tel: 01932 344163



#### Lyne FC

Venue: Lyne Village Green,  
Lyne Village Hall, Lyne Lane, Lyne,  
Surrey KT16 0AN

Contact: Ms Susan Connolly  
(Secretary)  
Tel: 01932 568556

Email: nigel@lynefc.co.uk  
www.lynecfc.co.uk

Info: Lyne Football Club gives football  
to all abilities and levels of the game  
with boys and girls welcome from  
under 7s to under 16s.

All coaches and managers are F.A  
Qualified and are C.R.B cleared in line  
with the F.A child protection policies.

Lyne F.C prides itself on its  
friendliness, quality of playing surfaces  
on match days and training, keeping  
Club standards at the highest level  
and being one of the best value for

money Clubs in Surrey.

#### Ottershaw Girls FC

Venue: Memorial Fields, Foxhills  
Road, Ottershaw, Surrey

Contact: Justin Champion  
Tel: 01784 437447

#### Thorpe Green FC

Venue: The Pavillion,  
Thorpe Green, Thorpe

Contact: Mr Nigel Dyer (Secretary)

Info: The club is situated at Thorpe  
Green and also has tennis and cricket  
sections. Training Saturday and Sunday

#### Thorpe Green Junior FC

Venue: The Pavillion,  
Thorpe Green, Thorpe  
Contact: Mr R Gregg (Chairman)  
Tel: 0208 449 9696 (day) 01344  
842597 (eve)

Info: The club is situated at Thorpe  
Green and also has tennis and cricket  
sections. Training Saturday and Sunday

#### Virginia Water FC

Venue: The Timbers, Crown Road,  
Virginia Water, Surrey, GU25 4HS  
Contact: Mr Richard Smyth (Secretary)  
Tel: 01428 727252

Email: richardsmyth331@msn.com

Info: Football Club, Tuesday and  
Thursdays 7pm to 9pm

### GOLF:

#### Abbey Moor Golf Club

Venue: Green Lane, Addlestone,  
Surrey, KT15 2XU

Contact: Mr Richard Payne (Secretary)  
Tel: 01932 849526

Info: Members and Pay & Play Club,  
includes seniors and Ladies section.  
Nine hole parkland course



#### Burhill Golf Club

Venue: Burwood Road, Walton on  
Thames, Surrey, KT12 4BL

Contact: General Manager  
Tel: 01932 227345

Email: info@burhillgolf-club.co.uk  
www.burhillgolf-club.co.uk

#### Foxhills Club & Resort

Venue: Stonehill Road, Ottershaw,  
Surrey, KT16 0EL

Contact: Ms Pippa Britton (Head  
Tennis Pro)

Tel: 01932 704464  
Email: pippabritton@foxhills.co.uk  
www.foxhills.co.uk

Info: Tennis, Golf, Gym and Hotel  
resort and conference centre

#### Hersham Village Golf Club

Venue: Asher Road, Hersham,  
Walton on Thames, Surrey, KT12 4RA

Contact: General Manager  
Tel: 01932 267666

Email: hvgolf@tiscali.co.uk

#### Hoebridge Golf Club

Venue: Old Woking Road, Old  
Woking, Surrey, GU22 8JH

Contact: (General Manager)  
Tel: 01483 722611

Email: info@hoebridgegc.co.uk  
www.hoebridge.co.uk

#### Laleham Golf Club

Venue: Laleham Reach, Chertsey,  
Surrey, KT16 8RP

Contact: Mr Ross McCue  
(Club Manager)

Tel: 01932 564211  
Email: manager@laleham-golf.co.uk  
www.laleham-golf.co.uk

#### Pyrford Golf Club

Venue: Pyrford, Woking,  
Surrey, GU22 8XR

Contact: General Manager  
Tel: 01483 723555

Email: pyrford@crown-golf.co.uk

#### Silvermere Golf Club

Venue: Redhill Road, Cobham,  
Surrey, KT11 1EF

Contact: General Manager  
Tel: 01932 867275

Email: customerservice  
@silvermere-golf.co.uk  
www.silvermere-golf.co.uk

#### St George's Hill Golf Club

Venue: Golf Club Road, St George's  
Hill, Weybridge, Surrey, KT13 0NL

Contact: General Manager  
Tel: 01932 847758

Email: admin@  
stgeorghillgolfclub.co.uk  
www.stgeorghillgolfclub.co.uk

#### Top Golf

Venue: Moated Farm Drive,  
Addlestone, Surrey, KT15 2DW

Contact: Mr Andrew Bundock  
(Sales Manager)  
Tel: 01932 858551

www.topgolf.co.uk  
Info: Golf Leisure Facility

#### Traditions Golf Club

Venue: Pyrford Road, Pyrford,  
Woking, Surrey, GU22 8EU

Contact: Mr Tom Brook  
(General Manager)

Tel: 01932 350355

Email: traditions@crown-golf.co.uk  
www.traditionsgolf.co.uk

Info: 18 Hole Pay and Play Golf  
Course, Pro Shop, Bar and  
Restaurant, Function Facilities

### Wentworth Tennis & Health Club

Venue: Wentworth Drive,  
Virginia Water, Surrey, GU25 4LS  
Contact: Ms Judy Maycock  
(Club Manager)  
Tel: 01344 846350  
Email: tennisandhealth@  
wentworthclub.com

### West Byfleet Golf club

Venue: Sheerwater Road, West  
Byfleet, Surrey, KT14 6AA  
Contact: General Manager  
Tel: 01932 345230  
Email: secretary@wbgc.co.uk  
www.wbgc.co.uk

### GYM (JUNIOR):

#### Addlestone Leisure Centre

School Lane, Addlestone,  
Surrey, KT15 1TD  
Tel: 01932 858966  
Email: alcenquiries@runnymede.gov.uk  
www.addlestone-leisure-centre.co.uk  
Info: Contact Leisure Centre for details  
of classes

#### Egham Leisure Centre

Vicarage Road, Egham,  
Surrey, TW20 8NL  
Contact: Ms Abby Taylor (Coach)  
Tel: 01784 437695  
Email: elc@runnymede.gov.uk  
www.eghamleisurecentre.co.uk

Info: This gives children aged 12 - 15  
years old the opportunity to learn how  
to use the gym as well as how to train  
correctly. Each child must attend 2  
inductions and then they can use the  
gym at the junior gym times.



### GYMNASTIC:

#### Abbey Sports Acrobatics Club

Venue: Addlestone Leisure Centre,  
School Lane, Addlestone,  
Surrey, KT15 1TD  
Contact: Katy Evans  
Tel: 07967 759052  
Email: katyannetteevans@hotmail.com

Info: Sports Acrobatics is a gymnastics  
discipline for boys and girls, which  
develops strength, stamina,  
coordination and flexibility. Routines are  
performed to music, which develops  
artistic movement, posture and poise.

#### Addlestone Leisure Centre

School Lane, Addlestone,  
Surrey, KT15 1TD  
Contact: Mr M Brough (Manager)  
Tel: 01932 858966

#### Egham Leisure Centre

Vicarage Road, Egham,  
Surrey, TW20 8NL  
Tel: 01784 437695  
Email: elc@runnymede.gov.uk  
www.eghamleisurecentre.co.uk

Info: These courses cover movements  
from basic forward rolls through to  
front and back flips with apparatus and  
pair work. Tuesdays and Thursday  
from 4pm onwards

#### Heathrow Gymnastics Club

Venue: Green Lane,  
Hounslow, TW4 6DH  
Contact: Mr V Walduck  
(Programme Director)  
Tel: 0208 569 5069 (day & eve)  
Email: info@heathrowgymnastics.org.uk  
www.heathrowgymnastics.org.uk

Info: One of the leading clubs in  
Great Britain offering a full range of  
gymnastics and acrobatics from 5  
years to International standard. The  
club also runs coaching courses  
through May and June.



#### Weybourne Gym Club

Venue: Fullbrook School, Selsdon  
Road, New Haw, Surrey, KT15 3HW  
Contact: Mrs Susan Terry  
(Administrator)  
Tel: 01932 342627  
Email: weybourne@ntlworld.com

Info: Gymnastics for Girls and Boys  
from 4 years. Special need group on  
Thursdays 6-7pm. Affiliated to British  
Gymnastics. Training Thursday &  
Fridays 6-9pm, Saturdays 9-12 noon,  
in term time only

#### Woking Gymnastics Club

Venue: Kingfield Road, Woking,  
Surrey, GU22 9AA  
Contact: Mrs Helen Fudge  
(Administrations Manager)  
Tel: 01483 771426  
Email: info@woking-gymnastics.co.uk  
www.woking-gymnastics.co.uk

Info: Pre School Gymnastics -  
Recreational Gymnastics age 5+  
Adults, Boys and Girls Competition  
Squads, Training 7 days a week.

### HEALTHY LIVING (OVER 50S):

#### Healthy Living Club

Venue: Egham Leisure Centre,  
Vicarage Road, Egham,  
Surrey, TW20 8NL  
Tel: 01784 437695  
Email: elc@runnymede.gov.uk  
www.eghamleisurecentre.co.uk  
Info: An over 50's drop in session  
where participants can enjoy  
badminton, table tennis, squash,  
Tennis and indoor curling in a social  
atmosphere. Fridays 9.30 - 11.30am

### HOCKEY:



#### Thames Valley Hockey Club

Venue: Salesian School,  
Guildford Road, Chertsey,  
Surrey, KT16 9LU  
Contact: Mr Simon Bailey  
(Club Secretary)  
Tel: 07970 298434  
Email: simon.bailey@syngenta.com  
www.thamesvalleyhockeyclub.com

Info: We are a very friendly and family  
orientated club, currently running 2  
senior mens and 2 senior ladies  
teams, all playing at different levels  
within the Surrey Hockey leagues. We  
have a very active juniors section  
(TVHC Falcons) who play in local  
tournaments and leagues. We are  
always happy to welcome new players  
of all ages and abilities, so if you are  
interested in playing pop along to  
training or get in touch! Training days:  
Seniors Wednesday nights from  
September to March 7.30-9pm.  
Juniors Sunday mornings from  
September to March 10am -12pm

### HORSE RIDING:

#### Hatch Farm Stables

Venue: Chertsey Road, Addlestone,  
Surrey, KT15 2EH  
Contact: Ms Kerris Millman  
Tel: 01932 855550  
Info: Childrens Riding School

### JUDO:

#### Eurokwaï Martial Arts - Children's Judo

Venue: Egham Leisure Centre,  
Vicarage Road, Egham,  
Surrey, TW20 8NL  
Contact: Miss Alison Murray (Secretary)  
Tel: 01344 842162  
Email: kwai@dial.pipex.com  
www.eurowai.co.uk

Info: If you're aged between 7 & 15 and would like to learn a real martial art, build your confidence, make new friends and have fun then why not come along to Eurokwai, a friendly, long established, family run Judo club which has been providing expert tuition since 1976.

#### **Pyrford Judo Club**

Venue: The Arbour Centre, Teggs Lane, Pyrford, Surrey, GU22 8ST  
Contact: Mr Graham Hoptruff (Head Coach)  
Tel: 01932 842259 (eve)  
Email: graham@pyrfordjudo.com  
www.pyrfordjudo.com

Info: Provides judo lessons for 7 years upwards in a safe friendly atmosphere. Saturday mornings and Thursday evenings.

#### **KARATE:**

##### **Addlestone Karate Club**

Venue: Addlestone Leisure Centre, School Lane, Addlestone, Surrey, KT15 1TD  
Contact: Mr Frank Puttock (Instructor)  
Tel: 01932 845495 (day & eve) or 07904 933828 (mobile)  
Email: frankputtock@ntlworld.com

Info: Karate for all ages each Tuesday from 18:00 to 19:30

##### **Addlestone Shotokan Karate Club**

Venue: Addlestone Leisure Centre, School Lane, Addlestone, Surrey, KT15 1TD  
Contact: Mr Trevor Evans (Chief Instructor)  
Tel: 01932 852783  
Email: sensei@addlestoneskc.co.uk  
www.addlestoneskc.co.uk

Info: Addlestone S.K.C has been established for many years. The Club's Instructor, Sensei Trevor Evans,

has been involved in Shotokan Karate for over 24 years, training locally and grading under the late sensei Eneoda, and has been recognised from many associations for his teaching skills and abilities. The club teaches both adults and children and has taught many children with various learning difficulties over the years, helping them in other aspects of their lives. Junior Classes Wednesdays 18:00 - 19:00, Senior Classes 19:00 - 20:30

##### **Egham Shotokan Karate Club**

Venue: Egham Leisure Centre, Vicarage Road, Egham, Surrey, TW20 8NL  
Contact: Mr David Austin (Senior Instructor)  
Tel: 07815 677795  
Email: enquiries@eghamkarateclub.co.uk

Info: A karate session for children and adults of all ages and abilities which takes place on a Sunday from 6pm - 9pm.

##### **Eurokwai Martial Arts - Adult Karate**

Venue: The Community Centre, Beechmont Avenue, Virginia Water, Surrey, GU25  
Contact: Miss Alison Murray (Secretary)  
Tel: 01344 842162  
Email: kwai@dial.pipex.com  
www.eurowai.co.uk

Info: Weekly Karate classes for adults of all ages at Eurokwai, a friendly, long established, family run club which has been providing expert tuition since 1976. Tuesdays 7.30 - 9.00pm



##### **Kenshukai Karate UK**

Venue: Various locations, check website

Contact: RM Peter Angell (Instructor)  
Tel: 07958 926556  
Email: peterjangell@ntlworld.com  
www.kenshukai.net

Info: We are a traditional styled Karate club, who teach everyone over the age of 5 years in a friendly environment. First Class Free. Training every weekday night and mornings at weekends

#### **KORFBALL:**

##### **Woking Korfball Club**

Venue: Addlestone Leisure Centre, School Lane, Addlestone, Surrey, KT15 1TD  
Contact: Mr Adam Samuels (Secretary)  
Tel: 07505 012793  
Email: Adam.samuels@adp-es.co.uk  
www.wokingkorfball.co.uk

Info: Korfball is a dynamic ball-handling sport played by two teams of eight players, four male and four female, and is unique in providing equal opportunities for all. It is exhilarating to play, great fun to watch and the basic rules are simple to grasp. Tuesdays from 8pm.

#### **LEISURE CENTRES:**

##### **Addlestone Leisure Centre**

Venue: School Lane, Addlestone, Surrey, KT15 1TD  
Contact: Mr Mark Brough (General Manager)  
Tel: 01932 858966  
Email: alcenquiries@runnymede.gov.uk  
www.addlestone-leisure-centre.co.uk

Info: Local Authority operated Leisure Centre. Monday - Friday 07.30 - 23.00, Saturday 08.30 - 18.00, Sunday 08.30 - 22.00

##### **Egham Leisure Centre**

Venue: Vicarage Road, Egham, Surrey, TW20 8NL  
Tel: 01784 437695  
Email: elc@runnymede.gov.uk  
www.eghamleisurecentre.co.uk

Info: We offer gym use, badminton, squash, tennis, football (on our 3G pitches & Indoor), table tennis, aerobic classes, netball, children courses and birthday parties. Opening 7 days a week from 6am - 11pm

##### **Fullbrook School Sports Centre**

Venue: Selsdon Road, New Haw, Surrey, KT15 3HW  
Contact: Mr Nick Irwin (Manager)  
Tel: 01932 342424  
Email: sportscentre@fullbrook.surrey.sch.uk

Info: Sports Centre consisting of a four court sports hall, fully furnished fitness suite and areobics / dance studio

##### **River Bourne Health Club**

Venue: Heriot Road, Chertsey, Surrey, KT16 9DR  
Contact: The Membership Team  
Tel: 01932 560560  
Email: info@riverbournehealth.co.uk  
www.rbhealthclub.co.uk

#### **MARTIAL ARTS:**



##### **Association of Sport Martial Arts**

Venue: 1A The Precinct, High Street, Egham, Surrey, TW20 9HN  
Contact: Leonie Eggleton (Secretary)  
Tel: 0800 0430833  
Email: info@asma.org.uk

Info: Teaching a variety of Martial Arts including Tae Kwon Do, Kick Boxing and Self Defence for male and female members from 5 years old upwards. Full time centre, morning to evening 7 days a week.

## MOTORCYCLING:

**Runnymede Youth Motorcycling Club**  
Venue: Lyne Lane, Chertsey, Surrey  
Contact: Ms Marsha Maitland  
(Secretary)  
Tel: 01932 765200  
Email: mammaitland@aol.com  
www.rymcc.co.uk

Info: Motorcross riding for youngsters and adults. Training oval for beginners and main track. Practice only. No racing.

**Surrey Schoolboy Trials Club Ltd**  
Venue: Brackendene, Addlestone Moor, Addlestone, KT15 2QH  
Contact: Mr Eddie Renham  
(Chairman)  
Tel: 01784 452225/07769688819  
Email: trevsvfr@hotmail.com  
www.surreysb.co.uk

Info: Novice beginners motorcycle trials 6-17 years old. Girls, boys and riders with disabilities welcome. Trials are the safest well disciplined motor cycle sport. Fourth Saturday in the month 2-5pm.

## NETBALL:



### Carlton Netball Club

Venue: Chertsey Recreation Ground, Guildford Road, Surrey  
Contact: Ms Melani Hinshelwood  
(Chairperson)  
Email: enquiries@carlton-netball.co.uk  
Web: www.carlton-netball.co.uk

Info: We are a local netball club based in Chertsey that play in local netball leagues every Saturday. We currently train every Tuesday evening 7.30pm - 9.00pm and new players are always welcome.

### Chertsey Adult Netball League

Venue: Chertsey Recreation Ground, Guildford Road, Surrey  
Contact: Angela Best  
Tel: 07990 597751  
Email: abest@talktalk.net

Info: Meet all year round, Tuesday and Thursday evenings in the Summer and Thursdays evenings in the winter. For further details of how to be involved please contact Angela Best.



### Didasko Netball Club

Venue: Matthew Arnold Sports Centre, Kingston Road, Staines, Middlesex, TW18 1PF  
Contact: Laura Samouel  
Tel: 07956 109757  
Email: info@didasko-sports.co.uk  
www.didasko-sports.co.uk

Info: Didasko Netball Club meets every Monday from 17:00 - 18:00 for under 11's and 18:00 - 19:15 for under 16's at The Matthew Arnold School Sports Centre. The club is currently run by three coaches, is supported by Active Surrey and operates under the All England Netball Association guidelines.

## ORIENTEERING:



### British Orienteering

Venue: Various  
Contact: Ms Christine Robinson  
(British Orienteering Regional Development Officer)  
Tel: 0208 255 7176  
Email: chris@britishorienteering.org.uk  
www.britishorienteering.org.uk

Info: Orienteering is a challenging outdoor adventure sport that exercises both the mind and the body. The aim is to navigate in sequence between control points marked on a unique orienteering map and decide the best route to complete the course in the quickest time. It does not matter how young, old or fit you are, as you can run, walk or jog the course and progress at your own pace.

### Southern Navigators

Venue: Surrey / Hampshire  
Contact: Mr Adrian Butter (Secretary)  
Tel: 01483 564553  
www.southern navigators.com

Info: Orienteering is a timed sport where competitors of all ages and abilities navigate their way at their own pace between features marked on a special map. An orienteering course varies in length from about 2 km with 8 control points for beginners and children to over 10 km for experienced adult orienteers. At all events there will be a range of courses suitable for newcomers. Trainings on Wednesdays

## RAMBLING:

### Runnymede Ramblers

Venue: Various venues  
Contact: Mrs Sheila Gadd  
(Membership Secretary)  
Tel: 01784 435934



Email: enquiries@runnymederamblers.org.uk  
www.runnymederamblers.org.uk

Info: Walking and Social group. We walk mostly in the South East area

### Ramblers Association - Staines Group

Venue: Various venues  
Contact: Mrs Pat Pratley (Secretary)  
Tel: 01932 711355

## ROWING:

### Burway Rowing Club

Venue: The Boathouse, Thameside, Laleham, Middlesex, TW18 1UQ  
Contact: Mr Jim Mathieson (Secretary)  
Tel: 07845 995516  
www.burwayrowingclub.co.uk

Info: A rowing club catering for all ages and abilities offering good quality coaching and training, whether competitive or casual. All are welcome. Tuesday and Thursday 6.30pm - 9.00pm, Saturday 8.00am to 10.30am, Sunday 8.00am to 1.00pm, other days and times by arrangement, evenings and mornings.

### Staines Boat Club

Venue: Staines Boat Club, 28 Riverside Drive, Staines, Middlesex, TW18 3JN  
Contact: Mr Murray Litvak (Secretary)  
Tel: 01784 453145  
Email: sbcsec@otterproperty.co.uk  
www.stainesboatclub.co.uk

### Strodes College Boat Club

Venue: Coopers Close, Egham  
Contact: Mr M J Hook  
Tel: 01784 437506 (day & eve)  
Email: info@strodes.ac.uk


Info: Rowing and sculling (including adults) at Strodes College. The club provides training for recreational and competitive rowing / sculling.

#### Thames Valley Skiff Club

Venue: Pavillon off Dudley Road, Walton on Thames, KT12 2JY  
Contact Tel: 01932 224215  
www.tvsc.co.uk

Info: Formed in 1923 Thames Valley Skiff and Punting Club currently has over 150 members both social and active. Membership ranges in experience from complete beginners to championship level and our age groups span from eight to eighty. Tuition is always available, and after your exertions you will find our well-stocked bar and comfortable club house an ideal place to relax. We are pleased to see new members and you are welcome to drop in and try out the facilities. All you need are a T-shirt, shorts and trainers to get started. We have Skiffs and Punts and for younger members dingys and canoes, competitions and regattas are run through the summer.

#### Walton Rowing Club

 Venue: Sunbury Lane, Walton on Thames, Surrey, KT12 2JA  
Contact: Mr Mike Everington (Secretary)  
Email: secretary@waltonrowingclub.co.uk  
www.waltonrowingclub.co.uk

Info: Open to all abilities including juniors, new members welcome 10:00 Sunday Morning.

#### Weybridge Rowing Club

Venue: Thameside Lock, Jessamy Road, Weybridge, Surrey, KT13 8LG  
Contact: Ms Caroline Turnbull (Captain)  
Tel: 01932 340108  
Email: weyrowclub@aol.com

www.weybridge.rowing.org.uk

Info: Competitive and recreational rowing for all ages (13 upwards) and abilities. Coaching by qualified coaches. Friendly atmosphere, lots of social events

#### Wrysbury Skiff & Punting Club

Venue: Behind Runnymede Pleasure Grounds, Egham, Surrey, TW20 0AA  
Contact: Mrs Imogen O'Neil (Secretary)  
Tel: 01753 856337 (Home) / 07808 773084 (Mobile)  
Email: imo.moggy@hotmail.com  
www.wspc.org.uk

Info: The Club promotes and participates in the sports of Rowing in Traditional Thames Skiffs, Punting & Dragon Boat Racing. Club members participate in Regattas along the Thames throughout the Summer months in Skiffs & Punts and in Dragon Boat Events nationally throughout the year with occasional International competitions. In Winter months the Club provides land based Circuit Training. Training: Tuesday & Thursday Evenings in Summer, Sunday mornings all year and Wednesday evenings in Winter

#### RUGBY:

##### Egham Hollowegians RFC

Venue: Kings Lane, Englefield Green, Surrey, TW20 0UE  
Contact: Mr Matthew Griffin (Chairman)



Tel: 07799 004613  
www.ehrfc.co.uk

Info: We are the local club for Egham and Royal Holloway old boys, we also have Junior Teams

##### Egham Knights Youth Rugby Club

Venue: Kings Lane, Englefield Green, Surrey, TW20 0UE  
Contact: Ms Claire Hickman (Secretary)  
Tel: 07980 174495  
Email: eghamknights@yahoo.co.uk  
www.eghamknights.co.uk

Info: The junior section of Egham Hollowegians RFC. We are a small friendly club based at the Sports Ground, Kings Lane, Englefield Green. We cater for all children aged from 6 upwards, offering them the chance to try rugby in a safe environment. All our coaches are RFU level 1 qualified. We have a Child Protection Officer and, all adults who will have contact with the children will be CRB checked in accordance with RFU policy. We train on Sundays from September to April - 10am to 12:30. Our emphasis is on FUN and participation for all! So bring your kids along and let them try out the best team game around.

#### RUNNING:

##### Runnymede Runners

Venue: Winter - Egham Leisure Centre, Summer - Savill Gardens  
Contact: Chris Duke (Secretary)  
Tel: 01932 849998  
Info: Meets Tuesday & Thursday 19.00. Saturday 09.00.



#### SQUASH:

Venue: Addlestone Leisure Centre, School Lane, Addlestone, Surrey, KT15 1TD  
Contact: Mr M Brough (Manager)  
Tel: 01932 858966

#### SWIMMING:

##### Riverbourne Health Club (Public Swimming Access)

Venue: Heriot Road, Chertsey, Surrey, KT16 9DR  
Contact: Ms Abby Murray (Membership Secretary)  
Tel: 01932 560560  
Email: info@riverbournehealth.co.uk  
www.rbhealthclub.co.uk

##### Runnymede Dolphins

 Venue: Woking Pool in the Park (Lagoon Pool), Kingfield Road, Woking, Surrey, GU22 9BA  
Contact: Mrs Wendy Ireland (Information Officer)  
Tel: 01483 874611 (not after 8pm please)  
Email: info.dolphins@tesco.net  
www.windowonwoking.org.uk/runnymededolphins

Info: Runnymede Dolphins is an assisted swim charity, offering Runnymede and Woking residents with restricted mobility the opportunity to swim and exercise on a regular basis in a safe, sheltered and friendly environment. The Dolphins are supported by qualified physiotherapists who have developed group exercise programmes designed to encourage maximum mobility, at a pace to suit individual swimmer's needs. Tuesday & Thursday Mornings

##### Staines Swimming Club

Venue: "Cygnet Pool", The Matthew Arnold School, Kingston Road, Staines, Surrey TW18 1PF /

The Bishop Wand School, Laytons Lane, Sunbury-on-Thames, Surrey TW16 6LT  
Contact: Mr Phil Merriman (Coach) / Ms Janice Reid (Coach)

Tel: 07818 426717 / 01784 454618  
www.stainesswimming.org

Info: Learn to swim / teaching scheme: Teaching scheme catering for Carer & Toddler right through to Teenager classes.

A range of Squads suitable for all abilities. Aimed primarily up to 18 years, but we do cater for Seniors / Masters of all ages. Trials are held to assess which squad would be suitable. Includes 2 week free trial period to ensure suitability to swimming in a Club environment (not masters). The Club uses a number of pools as per the Club Website

#### Woking Swimming Club

Venue: Pool in the Park, Woking Park, Kingfield road, Woking Surrey, GU22 9BA

Contact: Ms Grace Allen (Membership Secretary)  
Tel: 07749 226287

Email: members@wokingssc.co.uk  
www.wokingssc.co.uk

Info: A Children and Youth's swimming club providing training and opportunities to compete individually and as a team. Trainings are many and varied, please see the website

#### Guildford City SC

Venue: Spectrum, Parkway, Guildford, Surrey GU1 1UP

Contact: Ruth Cordero-Peters  
Tel: 01483 852385

Email: Guildfordacademy@hotmail.co.uk  
www.guildfordcitysc.com

### TABLE TENNIS:

#### Grosvenor Table Tennis

Venue: Coopers Hill Lane, Englefield Green, Surrey  
Contact: Mr Peter Searle  
Tel: 01784 463075 (eve)

#### Woodham Table Tennis Club

Venue: New Haw Community Centre, Woodham Lane, New Haw  
Contact: D Thomas (Secretary)  
Tel: 01784 451305 (eve) 07905555780

#### Delphine's Table Tennis Club

Venue: Byfleet Lawn Tennis Club (Behing Cannons Health Club) Pyrford Road, Pyrford, Surrey, GU22 8QU  
Contact: Delphine Palmowski (Organiser)  
Tel: 01932 350017  
Email: delphinetiger@btinternet.com

Info: All standards of play welcome. Friendly club with Members of all ages (From teens to 70's). 2 tables and bats are supplied. Cost is £2 per session which includes beverages. 6 month or 12 month membership available. September to March every Sunday Morning 10.30am - 1.00pm, April to August every Thursday Evening 7.30pm to 9.30pm

### TAE KWON DO:

#### Addlestone School of Tae Kwon Do

Venue: Addlestone Leisure Centre, School Lane, Addlestone, Surrey, KT15 1TD  
Contact: Mr Alan Liu (Head Instructor)  
Tel: 07973 187084  
Email: info@butf-staines.co.uk  
www.butf-staines.co.uk  
Info: Martial arts training for everyone



#### Breakthrough Tae Kwon Do

Venue: Salesian School, Highfield Road, Chertsey, Surrey and Esher College, Weston Green Road, Thames Ditton, Surrey  
Contact: Mr Andrew Delaney (International Instructor)  
Tel: 07904 555780

Email: breakthrough-tkd@fsmail.net  
www.breakthrough-tkd.com

Info: Breakthrough Tae Kwon-Do is affiliated to the ITF which is a korean Martial Art and has become popular ever since it became an olympic sport. Chertsey Children 6 - 7.30, Adults 7.30 - 9pm Monday and Thursday. Thames Ditton, 6-8pm Tuesday and Fridays

### TAI CHI:

#### Independent T'ai Chi Association

Venue: The Community Centre, Beechmont Avenue, Trumps Green, Virginia Water, GU25 4EY  
Contact: Ms Jayne Storey (Chief Instructor)  
Tel: 07986 447250

Email: jaynestorey@btinternet.com  
www.chipowersports.com

Info: Surrey's premier club teaching traditional Yang Style T'ai chi, Chan Buddhist Meditation, Taoist Staining Meditation, Taoist Circle walking, Chi Kung, Nei Kung and T'ai chi Sword. Hosted by Jayne Storey - Senior Instructor and Executive of the T'ai Chi Union.

### TENNIS:



#### Weybridge Tennis Academy

Venue: St George's College, Addlestone, KT15 2QT  
Contact: Mr Justin Sherring (Director)  
Tel: 07821 908389

Email: justin@wta.uk.com  
www.weybridgetennisacademy.com

Info: We provide tennis classes and programmes for children aged from 4 yrs old to 16 yrs old. Training - weekdays from 5.30pm and every weekend.

#### Boume Tennis Club

Venue: Chertsey Recreation Ground, Guildford Road, Surrey  
Contact: Mr Alan Luck (Secretary)  
Tel: 01932 565727  
Email: alan@wedding-originals.co.uk

Info: Sunday morning tennis club 10:00 - 12:00. Informal for over 18s.

#### Coopers Hill Tennis Club

Venue: Coopers Hill Lane, Englefield Green, Surrey  
Contact: Mrs Hilary Bird (Secretary)  
Tel: 01784 432477

Info: A dedicated tennis club which prides itself on its friendly and welcoming atmosphere. Wednesday am Ladies, Wednesday pm Mixed (Summer only). Club sessions Tuesday am, Thursday am, Saturday pm. Junior sessions Saturday am and pm.

#### Foxhills Club & Resort

Venue: Stonehill Road, Ottershaw, Surrey, KT16 0EL  
Contact: Mr Ben Biggs (Stonehill Road)  
Tel: 01932 872050  
Email: foxfit@foxhills.co.uk  
www.foxhills.co.uk  
Info: Hotel, Golf, Tennis and Leisure

#### Heathervale Lawn Tennis Club

Venue: Heathervale Recreation Ground, Parkside, New Haw, Surrey, KT15 3AN  
Contact: Mr Gary Shepherd (Secretary)  
Tel: 01483 768252 (day & eve)  
Info: Woking League Tennis club

### Knowle Hill Tennis Club

Venue: King George V Playing Field,  
Trumps Green Road,  
Virginia Water, GU25  
Contact: Mr Keith Barkham (Secretary)  
Tel: 01344 842748

Info: Club sessions, Tournaments,  
Matches, Junior Coaching

### The Tennis Foundation

Venue: The National Tennis Centre,  
100 Priory Lane, Roehampton,  
SW15 5JQ  
Contact: Mrs Sue Mappin  
(Executive Director)  
Tel: 0845 8720522  
Email: info@tennisfoundation.org.uk  
www.tennisfoundation.org.uk

### Wentworth Tennis & Health Club

Venue: Wentworth Drive,  
Virginia Water, Surrey, GU25 4LS  
Contact: Judy Maycock  
(Club Manager)  
Tel: 01344 846366  
Email: jmaycock@wentworth.com  
www.wentworthclub.com

Info: Private Members Country Club,  
Tennis, Fitness, Swimming Pools, Junior  
Provision including creche, spa and café.  
Open 6am - 10pm Monday to Friday.  
7am - 8pm Saturday. 8am - 8pm Sunday.

### TINY TOTS:

#### Tiny Tots

Venue: Egham Leisure Centre,  
Vicarage Road, Egham,  
Surrey, TW20 8NL  
Tel: 01784 437695  
Email: elc@runnymede.gov.uk  
www.eghamleisurecentre.co.uk

Info: An activity session for children  
aged 6 months to 4 years that  
includes use of the soft play,  
trampolines and play equipment.  
Fridays 2pm - 4pm

### TODDLERS CLASSES:

#### Toddlers Gym

Venue: Egham Leisure Centre,  
Vicarage Road, Egham,  
Surrey, TW20 8NL  
Tel: 01784 437695  
Email: elc@runnymede.gov.uk  
www.eghamleisurecentre.co.uk

Info: This course includes basic  
gymnastics with movements such as  
forward and background rolls and  
balancing as well as singing and  
games. Wednesdays 2pm - 2.45pm.

#### Toddlers Tramp

Venue: Egham Leisure Centre,  
Vicarage Road, Egham,  
Surrey, TW20 8NL  
Tel: 01784 437695  
Email: elc@runnymede.gov.uk  
www.eghamleisurecentre.co.uk

Info: A course designed to provide a  
great introduction to trampolining for the  
younger ones and learn the basics in a  
fun environment. Fridays 1.15pm - 2pm

### TRAMPOLINING:

#### Addlestone Leisure Centre

School Lane, Addlestone,  
Surrey, KT15 1TD  
Contact: Mr Mark Brough (Manager)  
Tel: 01932 858966  
Email: alcenquiries@runnymede.gov.uk  
www.addlestone-leisure-centre.co.uk

Info: Contact Leisure Centre for details  
of classes

#### Egham Leisure Centre

Vicarage Road, Egham,  
Surrey, TW20 8NL  
Tel: 01784 437695  
Email: elc@runnymede.gov.uk  
www.eghamleisurecentre.co.uk

Info: Trampolining sessions for adults,  
16 years and above and for all levels.  
Tuesdays 5.45pm - 6.45pm

#### Egham Leisure Centre

Vicarage Road, Egham,  
Surrey, TW20 8NL  
Tel: 01784 437695  
Email: elc@runnymede.gov.uk  
www.eghamleisurecentre.co.uk

Info: Trampolining sessions for  
beginners and children of all levels  
with coaching based on the BAGA 1 to  
10 awards and upwards. Tuesdays,  
Wednesdays, Thursdays and Fridays  
with times starting from 4pm onwards

### VOLLEYBALL:

Egham Volleyball Club  
Venue: Egham Leisure Centre,  
Vicarage Road, Egham,  
Surrey, TW20 8NL  
Contact: Mr Charlie Young  
(Club Secretary)  
Tel: 07980 551455  
www.egham.vc.co.uk

Info: Volleyball Club meets Wednesdays  
8pm from September to June

### WATERSPORTS:

#### British Disabled Water Ski Association

Venue: Heron Lake, Hythe End,  
Wraysbury, TW19 6HW  
Contact: Mr Mick Brealey (Manager)  
Tel: 01784 483664  
www.bdwsa.org.uk

Info: Waterskiing for all, 7 days  
through the summer

#### JBSKI

Venue: Thorpe Road, Staines, TW18 3HJ  
Contact: Ms Aliysa Gibbons  
(Duty Manager)  
Tel: 01932 579750  
Email: info@jbski.com  
www.jbski.com

Info: Water Ski & Wakeboard Centre with  
both a cable and boat operation to ensure  
the sports are available to everyone.  
Special rate available for schools and  
Community groups. Open daily may to  
October Summer 9am to Dusk (Check  
website for winter opening times)

#### Littleton PHABSAIL (Physically Handicapped & Able Bodied Sailing)

Venue: Littleton Sailing Club, Littleton  
Lane, Shepperton, Middlesex  
Contact: Mrs Ros Lamb (Secretary)  
Tel: 01784 251318  
Email: rossail@aol.com

Info: We are a sailing club for all  
abilities and special needs using  
dingies that do not capsize. April to  
October alternate Saturdays

#### Queen Mary Sailability

Venue: Queen Mary Sailing Club,  
Ashford, Middlesex, TW15 1UA  
Contact: Mr Alan Woolford  
(Hon. Secretary)  
Tel: 01784 343219 / 01932 252007  
Email: sailondon@queenmary.org.uk  
www.queenmary.org.uk

Info: Supervised sailing for people  
with a disability on Thursday  
afternoons and other proposed days  
April - October. Opportunities for  
young disabled sailors to progress to  
competitive sailing. Volunteers always  
required to assist disabled sailors  
ashore and on the water.

#### The Tony Edge National Centre (Waterskiing)

Venue: Heron Lake, Wraysbury,  
Middlesex, TW19 6HW  
Contact: Mr Robin Nicholas  
(Secretary)  
Tel: 01784 483664 / 01784 482715

### Woking Adventure Group

Venue: Littleton Sailing Club, Littleton Lane, Addlestone  
Contact: Mr Dennis Martin (Secretary)  
Tel: 01493 474470  
Email: damtim@btinternet.com

Info: Introductory RYA courses to the sport of sailing. Affiliated to Surrey schools sailing and SCVYS

### YACHT CLUB:

#### Penton Hook Yacht Club

Venue: Penton Hook Marina, Staines Road, Chertsey KT16 8PY  
Contact: Ms Naomi Bradbury (Secretary)  
Tel: 01932 564501  
Email: dabradbury@aol.com  
www.pentonhookyachtclub.co.uk  
Info: Boating club based on the River Thames. Providing training to RYA standards, River skills and Sailing / Cruising in company. Security for all members. Wednesday & Friday 7pm - 11pm, Saturday & Sunday 12 noon - 6pm



### YOGA:

#### Yoga Classes

Venue: Jurgen Centre, Harvest Road, Englefield Green, Surrey, TW20 0RB  
Contact: Ms Rosemary Ryder Richardson (Proprietor)  
Tel: 01784 433634

Info: Make a difference to your life. Move from stiffness to flexibility and from stress to peace and calm. Anyone can do yoga its just stretch and relaxation. Every Thursday 20:00 to 21.30. Newcomers, first class is free.



## RUNNYMEDE SPORTS COUNCIL

Runnymede Sports Council exists to represent clubs/ organisations and is one of the most progressive and active sports councils in the country. It is managed by volunteers from the local sporting community who bring with them a wide range of knowledge, skills and expertise. We work to encourage, develop and promote all sports providing advice, support and assistance to affiliated clubs/ organisations always looking for continuous improvements to ensure quality services are always offered.



### Developing and promoting sport in Runnymede

- Awarding**  
Recognising excellence and dedication
- Supporting**  
Financial assistance for individuals and Clubs
- Sponsoring**  
Events and activities in Runnymede
- Publicising**  
Sport and member clubs
- Championing**  
Sport in Runnymede

### Is your Club affiliated to Runnymede Sport?

For an application form or further information contact our Chairman:  
"...let us support you..."

Our aims are to increase participation, opportunities and provision for everyone (regardless of age, gender, ability, social class or race) to enjoy and reach their full potential within sport and physical activity in the Runnymede Borough.

The Council body meet regularly and are open to new membership, so if you represent a local amateur sports club or league and would like to become a member of the Runnymede Sports Council please contact:-

Chairman: Mr Matthew Griffin  
Telephone: 07799004613  
Email: mgriffin@canada.com  
19 Challenge Court, Langhorn Drive, Twickenham, Middlesex, TW2 7SY.

### ACTIVE SURREY



### Making Surrey a More Active & Successful Sporting County

Active Surrey is the brand name of the Active Surrey Sports Partnership, responsible for delivering a 7-year sports development programme in Surrey. It is a not-for-profit partnership of all Surrey's Councils (County, District & Borough), Sport England, Governing Bodies of Sport, sports coach UK, the English Federation of Disability Sport, Surrey County Playing Fields Association, the Youth Sports

Trust and FourS (Surrey LEA). The Partnership exists to enhance the provision of sport across Surrey. It aims to improve the way sport is provided for young people by supporting the development of Better:

- Activity
- Coaches & Leaders
- Clubs
- Competition
- Communication
- Facilities
- Health
- National Governing Bodies
- Organisations
- Players
- Player Support
- Sports & Education
- Volunteers

[www.activesurrey.com](http://www.activesurrey.com)

### SYCO



### Surrey Young Coaches & Officials (SYCO) Programme

If you are aged 14 to 19 years old and want to get more involved in sport, then the SYCO Programme is for YOU.

#### What will SYCO offer me?

Qualifications, Skills, Friendship, Leadership, Certification, Employment, FUN!! The SYCO Programme is a fantastic opportunity to get and stay involved in Surrey sport.

#### What courses can I do?

Coaching courses are designed to enable you to take your first steps on the coaching ladder. They cover elements such as communication skills and sports drills, and are a great 'bolt-on' to any leadership course (e.g.

Sports Leadership - Community Sports Leadership, D of E). Officiating courses are designed to allow you to learn the basics of umpiring or refereeing. They provide a great opportunity to develop a range of skills and will give you the confidence to go out there, take charge and officiate!

#### What can I do with my qualification?

Apart from looking great on your CV, you can actually put your newly acquired skills into practice at a host of different clubs, coaching sessions or sporting events. When you attend one of the courses you will be informed of local volunteering opportunities to suit you. There are certificates available for SYCO attendees who commit to 15, 25 or 50 hours of community sport volunteering and this could lead onto full- or part-time paid employment in sport! There are also opportunities to use your qualification to spend the summer getting paid working in the USA at a summer camp.

#### How much does it cost?

Thanks to funding from partners and the National Lottery, each course has been heavily subsidised and will cost you JUST £20 to attend. This contributes towards the running costs of the day, covers all your training fees and buys your resources.

*"I was really scared before I got here, but this course is brilliant and I'm having an excellent day",* said Ami Johnson (16) from Hampton about the Swimming Helpers Course.

Ria Nicholls (14), also from Hampton, added, *"I hate it when people say that there's nothing to do you just have to open your eyes and see courses like SYCO and get involved."*

*"I think it's a great scheme, well done to all those that have taken part",* Prime Minister Tony Blair at a Downing Street Sports Reception attended by 2 SYCO volunteers.

#### How do I get involved?

You can get a brochure that tells you more about each course including an application form, booking conditions and whether you are eligible to attend.

Call SYCO on 01483 518944 or visit [www.activesurrey.com](http://www.activesurrey.com).

### SLIC

#### Sports Leaders into Coaching

##### Who's it for?

- Young Leaders aged 16 to 21 years old.
- Any Sports Leader who has a proven commitment to volunteering at a local club will be considered for the programme.

##### Recruitment process:

- You will be invited to an Information Evening. This will:
  - Highlight the benefits of being part of the programme
  - Give you the opportunity to meet other Sports Leaders
  - Give you initial guidance as to how you can develop your coaching.
- If you show a commitment to getting into coaching and identify a suitable and committed mentor you'll be signed up to the programme!

##### Benefits in being part of the programme:

- Support in getting on the coaching ladder and developing skills as a coach.
- Meet like-minded young people.
- A Personal Development Plan, tailored to your individual needs.

- Assistance in working towards gaining Sports Specific Qualifications.
- Help and access to cross-sport training such as 1st Aid and Child Protection.
- Trained Mentors to help support your development, preferably within your club.
- Assistance towards finding coaching placements if needed.
- Active Surrey Sports Partnership benefits.

If you are interested in Sports Leaders into Coaching or the SYCO programme, contact:  
Coaching Development Officer  
01483 518957

### CLUB, COACH & OFFICIAL DEVELOPMENT COURSES



#### Improving Your Coaching Knowledge

Do you have the knowledge to make a difference? Courses focus on the key areas of knowledge all coaches need to have to be able to develop their performers effectively. They will help you provide variety in your sessions, as well as refresh and challenge your current knowledge and practice. Courses highlighted may include areas in the following: Long Term Athlete Development, Physiology, Psychology, Fitness, Nutrition, Performance analysis and much more.



Club Development -  
[www.activesurrey.com/content-508](http://www.activesurrey.com/content-508)

- Developing Partnerships with Clubs & Schools
- Funding Your Club
- A Club For All
- Community Amateur Sports Club (CASC)

#### Minimum Operating Standards:-

Courses that are considered crucial to the delivery of safe and equitable coaching and that are mandatory for all Active Surrey inducted coaches if they wish to work for the Partnership.

- Safeguarding & Protecting Children
- Equity In Your Coaching
- How to Coach Disabled People in Sport
- An Introduction to Long Term Athlete Development & First Aid

National Governing Body Courses -  
[www.activesurrey.com/content-581](http://www.activesurrey.com/content-581)

- E.g. Football, Cricket, Rugby etc

For further information about any of the courses listed, including eligibility, pre-requisites, course content and your sport's coaching and officiating pathway, please visit [www.activesurrey.com](http://www.activesurrey.com)

### CLUB ACCREDITATION



#### Active Surrey Club Accreditation

- Do you want to improve and develop your club?
- Do you want your club to receive a range of benefits and rewards?
- Do you want your club to be recognised as a quality club?
- Do you want help from sports development professionals?
- Do you want to achieve Clubmark?

If the answer to any of the above is yes, then the new Active Surrey Club

Accreditation (ASCA) is something that your club should investigate. Active Surrey Club Accreditation will assist you in further developing your club, gain you recognition and respect within Surrey and prove you are a quality sports club.

#### What is Active Surrey Club Accreditation?

We have taken all the criteria required for Clubmark and divided them into three easy to achieve levels: Bronze, Silver and Gold. With the help of sports development officers and your very own guidebook and ready-made templates, your club can work through the levels, putting into place procedures that will benefit your club. As you progress you will receive advice, support, publicity, certificates of achievement and many other great rewards along the way!

#### Why should my club get accredited?

- ASCA develops your club to be well organised and effective.
- ASCA reassures parents and teachers that your club is child-friendly and safe.
- ASCA supports club coaches and volunteers with discounted training courses.
- ASCA helps clubs with health & safety issues.
- ASCA encourages strong partnership working with schools, governing bodies and local authorities.
- ASCA helps your club receive greater publicity and exposure.
- ASCA helps your club achieve funding assistance.
- ASCA give your club 20% discount on purchases from Bishop Sports, a leading sports equipment and kit manufacturer.

- ASCA allows you to receive Peak Performance coaching & sports science journals and support material at discounted rates.
- ASCA nets you more volunteers and more members.
- ASCA makes your club eligible for reduced rates and taxes.

#### Does ASCA help you achieve Clubmark?

What is the difference between Clubmark and Active Surrey Club Accreditation? Almost nothing! Clubmark is a national club development and accreditation scheme that is run by Sport England and many national governing bodies of sport. However, not all clubs can prove their worth as not all sports run the scheme; and when they do, Clubmark can appear a daunting challenge and confusing to complete.

Instead, in Surrey, we have worked with our partners to devise a more structured, logical and easier approach for ALL clubs to be able to improve and benefit. The three stages are clearer and more understandable and the levels naturally link in with other club initiatives such as Step into Sport and Community Amateur Sports Club that can reduce your tax burden, increase membership and attract new volunteers. So, for clubs from sports with Clubmark, on achieving Gold accreditation the club will have completed 95% of the criteria required for Clubmark, and will thus be eligible for that award too!

#### If you are interested in Club Development, ASCA and Clubmark, contact:

Club Development Officer  
01483 518962



### COUNTY & SPECIFIC SPORT CONTACTS



Active Surrey Sports Partnership  
Surrey Sports Development Unit

Christ's College - Guildford  
Larch Avenue  
Guildford  
Surrey  
GU1 1JY

Tel: 01483 518944  
Fax: 01483 518950  
E-mail: [active.surrey@surreycc.gov.uk](mailto:active.surrey@surreycc.gov.uk)  
Website: [www.activesurrey.com](http://www.activesurrey.com)

**Club Development Officer**  
Tel: 01483 518962

**Coaching Development Officer**  
Tel: 01483 518957

**Marketing & Communications Officer**  
Tel: 01483 518958

**Sport & Education Development Officer**  
Tel: 01483 518953

**Sports Leadership & Volunteering Development Officer**  
Tel: 01483 518943

**Community Disability Athletics & Football Coach**  
Email: [activesurreycoach@hotmail.co.uk](mailto:activesurreycoach@hotmail.co.uk)



### Angling

National Federation of Anglers  
Senior Coach in South East  
Tel: 01233 611156  
Email: [alansandom@aol.com](mailto:alansandom@aol.com)

### Archery

The National Governing Body for Archery in Great Britain and Northern Ireland is the **Grand National Archery Society**.  
[www.gnas.org](http://www.gnas.org)

### Athletics

English Athletics is organised by the **Amateur Athletic Association of England (AAAE)** and overseen by **UK Athletics (UKA)**. In Surrey, organisation is done by the **Surrey County Athletic Association (SCAA)**.

Active Surrey Sports Partnership has employed a part-time development officer to help deliver the 5-year athletics development plan.

Athletics Development Officer  
Tel: 01483 518963  
[www.englandathletics.org/](http://www.englandathletics.org/)  
[www.ukathletics.net](http://www.ukathletics.net)

**England Athletics**  
Tel: 01403 259583  
E-mail: [eturner@englandathletics.org](mailto:eturner@englandathletics.org)

### Badminton

Badminton is run nationally, regionally and locally by **England Badminton** and locally by **Surrey Badminton Association**.

[www.scba.freeserve.co.uk/](http://www.scba.freeserve.co.uk/)  
[www.badmintonengland.co.uk](http://www.badmintonengland.co.uk)

Surrey Badminton  
Development Officer  
Tel: 020 8942 1078 / 07754 299900

## Basketball

English basketball is organised by **England Basketball (EB)** and in Surrey by the **Surrey Basketball Association (SBA)**.

The Active Surrey Sports Partnership is delivering a 5-year basketball development plan.

Basketball Development Officer  
Tel: 01483 518965  
[www.englishbasketball.co.uk](http://www.englishbasketball.co.uk) /  
[www.surreybasketball.com](http://www.surreybasketball.com)

### England Basketball

Regional Basketball Development Officer - South  
Tel: 07956 211166  
E-mail: [sam\\_spare@yahoo.co.uk](mailto:sam_spare@yahoo.co.uk)

## Canoeing

**British Canoe Union**  
CDO/PDO London & South East  
E: [andy.gray@bcu.org.uk](mailto:andy.gray@bcu.org.uk)

## Cricket

Cricket in England is organised by the **England & Wales Cricket Board (ECB)** and in Surrey by the **Surrey Cricket Board (SCB)**.

[www.ecb.co.uk](http://www.ecb.co.uk) /  
[www.surreyccricket.com](http://www.surreyccricket.com)

### Surrey Cricket

Cricket Development Manager  
Tel: 01483 598882  
E-mail: [seyers@surreyccricket.com](mailto:seyers@surreyccricket.com)

## Cycling

**British Cycling Federation**  
SE Cycling DO  
T: 07793 660480  
E: [develop.seast@britishcycling.org.uk](mailto:develop.seast@britishcycling.org.uk)

## Fencing

The sport is run by the **British Fencing Association (BFA)** and, in Surrey, by the **Surrey County Fencing Union (SCFU)**.

[www.britishfencing.com](http://www.britishfencing.com)  
[www.scfu.homestead.com](http://www.scfu.homestead.com)

## Football

Football in England is organised by the **Football Association (FA)** and in Surrey by the **Surrey County FA**.

The Active Surrey Sports Partnership, with help from the Football Foundation, has employed a full-time Development Officer to implement a Women and Girls Football Development Plan for Surrey.

Football (Women's and Girl's) Development Officer  
Tel: 01483 518956  
[www.surreyfa.com](http://www.surreyfa.com) / [www.thefa.com](http://www.thefa.com) /  
[www.scgl.org.uk](http://www.scgl.org.uk) (Surrey County Girls League) /  
[www.footballfoundation.org.uk](http://www.footballfoundation.org.uk)

Surrey County Football Development Officer  
Tel: 01372 373543  
E-mail: [enquiries@surreyfa.co.uk](mailto:enquiries@surreyfa.co.uk)

## Golf

**England Golf's Whole Sport Plan**  
[www.englishgolfunion.org](http://www.englishgolfunion.org)

**Junior Organisers Handbook**  
[www.englishgolfunion.org](http://www.englishgolfunion.org)

**Sources of Funding & Resources for Golf**  
[www.englishgolfunion.org](http://www.englishgolfunion.org)



## Gymnastics

**British Gymnastics**  
Surrey Gymnastics DO  
M: 07947 006181

## Hockey

Hockey in England is overseen by **England Hockey (EH)** and organised in Surrey by the **Surrey Hockey Association (SHA)**.

The Active Surrey Sports Partnership has employed a part-time development officer to help deliver the 5-year hockey development plan.

Hockey Development Officer  
Tel: 01483 518964  
[www.englishhockey.co.uk](http://www.englishhockey.co.uk) /  
[www.surreyha.com](http://www.surreyha.com)

## Horse Riding

**British Horse Society**  
Riding DO  
T: 01689 872747  
[www.bsja.co.uk](http://www.bsja.co.uk)  
[www.bsjaarea44.co.uk](http://www.bsjaarea44.co.uk)

## Judo

**British Judo Association**  
South Development Officer  
Tel: 07779 026346  
Email: [karenfrench@britishjudo.org.uk](mailto:karenfrench@britishjudo.org.uk)

## Netball

Netball is managed by **England Netball (EN)** and in Surrey by the **Surrey Netball Association (SNA)**.

The Active Surrey Sports Partnership has employed a part-time development officer to help deliver the 5-year netball development plan.

Netball Development Officer  
Tel: 01483 518966  
[www.english-netball.co.uk](http://www.english-netball.co.uk)

## Orienteering

**British Orienteering Federation**  
Regional Orienteering DO  
Email: [cmidgleyrobinson@blueyonder.co.uk](mailto:cmidgleyrobinson@blueyonder.co.uk)

## Rowing

**Amateur Rowing Association**  
Coach DO South  
Tel: 0870 1644 767  
Email: [simon.blackburn@ara-rowing.org](mailto:simon.blackburn@ara-rowing.org)  
  
Club DO South  
Tel: 0870 1644 763  
Email: [sarah.birch@ara-rowing.org](mailto:sarah.birch@ara-rowing.org)

## Rugby League

The game is run by the **Rugby Football League (RFL)**  
[www.rfl.uk.com](http://www.rfl.uk.com)

RFL Regional Development Officer - London & The South  
Mob: 07801 1945691  
Email: [caro.wild@rfl.uk.com](mailto:caro.wild@rfl.uk.com)

## Rugby Union

The game is run by the **Rugby Football Union (RFU)** and the **Rugby Football Union for Women (RFUW)** and in Surrey by the **Surrey RFU**.

[www.rfu.com](http://www.rfu.com) / [www.surreyrfu.co.uk](http://www.surreyrfu.co.uk)  
Rugby Football Union Officers  
Tel: 01483 518960  
Email: [martinmactaggart@rfu.com](mailto:martinmactaggart@rfu.com)  
Tel: 01483 518961  
Email: [jomartin@therfu.com](mailto:jomartin@therfu.com)

## Sailing

**Royal Yachting Association**  
Email: [guy.malpas@rya.org.uk](mailto:guy.malpas@rya.org.uk)





### Squash

England Squash are the Governing Body responsible for the development of Squash in England, with the [Surrey Squash Rackets Association](#) looking after the county.

[www.englishsquash.com](http://www.englishsquash.com)

### England Squash

England Squash Area Manager  
South East  
Email: [justyn.price@englishsquash.com](mailto:justyn.price@englishsquash.com)

### Swimming

Regional Development Officer  
07909943537  
[www.britishswimming.org](http://www.britishswimming.org)

### Table Tennis

English Table Tennis Association  
Regional DO  
Email: [wes@etta.freemove.co.uk](mailto:wes@etta.freemove.co.uk)

### Tennis

The Lawn Tennis Association (LTA) governs British Tennis and in Surrey by [Tennis Surrey](#).

[www.lta.org.uk/](http://www.lta.org.uk/)  
[www.surrey.totaltennis.net](http://www.surrey.totaltennis.net)  
Tennis Surrey  
Tel: 01932 827207  
Email: [surrey@lta.org.uk](mailto:surrey@lta.org.uk)

### Triathlon

British Triathlon Association  
Regional DO London/South East  
Tel: 01273 644154  
Mob: 07834 542085  
Email: [judithford@britishtriathlon.org](mailto:judithford@britishtriathlon.org)

### Volleyball

English Volleyball Association  
National DO  
T: 01509 631699  
E: [will@eng-volleyball.demon.co.uk](mailto:will@eng-volleyball.demon.co.uk)

### COMMUNITY SPORTS FACILITIES FOR HIRE

Community Hockey, Football, Netball & Tennis Facilities In Chertsey - Facilities are available for community hire at Salesian School, Guildford Road, Chertsey. Facilities include a full size, floodlit, synthetic turf pitch with markings for full and mini hockey and 5 / 11 a side football and four brand new hard courts marked for netball and tennis.

Contact the school on 01932 582520 for more details.

### SAFEGUARDING & PROTECTING CHILDREN & YOUNG PEOPLE IN SPORT IN SURREY

#### Play Sport, Stay Safe

Active Surrey Sports Partnership (ASSP) recognises the value of sport and the important role it plays in improving the quality of life for many people living in the Surrey community. Our vision is to "make Surrey a more active and successful sporting county" and we are committed to ensuring that children and young people are able to enjoy and achieve through sport by being safe and free from harm when they take part.

Each week more than eight million UK children participate in sport. The majority of children who take part do so in a safe and helpful atmosphere,

with genuine support from the adults involved. But for the small minority of children who are abused during sporting activities, the picture is very different.

It is important we are vigilant and work together to take the necessary steps to safeguard children and young people and protect them from individuals who may abuse their position of trust. ASSP is committed to working towards achievement of the National Standards for Safeguarding & Protecting Children ([www.thecpsu.org.uk](http://www.thecpsu.org.uk)); a benchmark of good practice for sports organisations. We are committed to promoting good practice in the care of children and young people in sport.

Visit [www.surreycas.org.uk](http://www.surreycas.org.uk) for information, advice and resources.

### WHAT IS A SCHOOL SPORT PARTNERSHIP?

School Sport Partnerships (SSPs) are groups of schools working together to develop PE and sport opportunities for all young people. A typical SSP consists of:

- A Partnership Development Manager (PDM)
- Up to 8 School Sport Co-ordinators (SSCOs)
- 45 Primary and Special School Link Teachers (PLTs)

A PDM is a full time role based within a Sports College. The PDM manages the SSP and develops strategic links with key partners in sport and the wider community.

An SSCo is based in a secondary school and concentrates on improving school sport opportunities, including out of school hours learning, intra and inter school competition and club links, across a family of schools.

PLTs are based in infant, junior, primary and special schools and aim to improve the quantity and quality of PE and sport in their own schools.

There are now 411 SSPs in England with all maintained schools able to be involved in the programme.

A typical SSP model is shown below:

SSP's play a key role in supporting the Department for Children, Schools and Families and the Department for Culture, Media and Sport in the delivery of the national strategy for PE, School Sport & Club Links (PESSCL).

The overall aim of PESSCL is to enhance the take-up of sporting opportunities by 5-16 year olds.

By 2008 we want the percentage of school children who spend a minimum of two hours per week on high quality PE and school sport within and beyond the curriculum to be 85%.

In July 2007, the Prime Minister announced an extra £100m to further develop PE and school sport over the coming years. This funding will be used to ensure that by 2010, all 5-19 year olds will be able to access 2 hours high quality PE at school and a further 3 hours of varied, high quality sporting activities each week through out of school hours opportunities and community clubs.

SSP's are looking to work closely with community clubs to help achieve this "5 hour offer" by 2010. If your club would like to work more closely with primary, secondary and special schools in your local area, please contact your Sports Development Officer.

## FUNDING

### FREE ACCESS TO LEISURE FACILITIES



#### FACS - Free Access For County Sports People

Under this Scheme, County Sports people who live in the Borough of Runnymede may be eligible to train free of charge, at the Council's leisure facilities, during off-peak hours. Such facilities include not only Abbey Fit and Egham Leisure Centre, but also the many bowling greens and tennis courts located throughout the Borough.

The conditions of the Scheme are as follows:

- Must be of County Standard or above in their sport and provide a supporting letter from an official of their Governing Body.
- Must be resident in Runnymede
- Must produce a valid F.A.C.S. card on every visit to a facility
- Members will be restricted to the use of facilities that complement the sport they represent. These facilities will be listed with their membership details.
- Members can only use facilities if they are available and if such use does not prevent the use by a paying customer.

- Members cannot book free use of facilities in advance.

If you are interested in becoming a FACS member, please call 01932 425683.

#### FANS - Free Access For National Sports People

The FANS Scheme provides sports people of a national level with free access to sports facilities in Surrey. FANS aims to assist elite sports people to achieve their full potential by reducing the financial burden of training costs. FANS was launched in Surrey in 1996. The scheme has so far helped over 200 national sports people with free access to training facilities. Members of the scheme have come from a wide range of sports including athletics, trampolining, triathlon, mountain biking, karate, women's cricket, windsurfing, gymnastics and badminton.

FANS is administered by Active Surrey Sports Partnership and is supported by all eleven of Surrey's Borough and District Councils. Over 30 leisure facilities are involved in the scheme including sports/facilities centres, swimming pools, fitness gyms, athletics tracks and a range of other specialist indoor and outdoor facilities.

#### Eligibility

FANS aims to help all of Surrey's elite sports people of all ages who compete at a national level. To be eligible for the scheme you must be:

- A current national sports person from any Sport England recognised sport (at any age group). National is deemed as either a member of a national team/squad or, ranked in the top 10.

Supporting evidence from your governing body will be required upon application (e.g. letter inviting you to a competition/squad, competition results etc.)

If you are interested in becoming a FANS member, please call Active Surrey on 01483 518953.

### FUNDING INFORMATION FOR CLUBS, COACHES & SPORTS PEOPLE

#### Surrey Sports Funding Directory

The majority of sports clubs regularly cite the need for more funding support as a key priority on their club's wish list and yet information in the public domain regarding funding is still rather fragmented and uncoordinated. To continue encouraging clubs and groups to develop and improve the sporting opportunities within Surrey, further funding needs to be identified and allocated to support those sports organisations that are looking to deliver imaginative, structured, and productive sporting projects to their local communities.

The Surrey Sports Funding Directory (available on [www.activesurrey.com/content-2044](http://www.activesurrey.com/content-2044)) aims to provide further clarity and help, to those sports clubs, groups and individuals who are keen to locate and gain financial assistance with their sports related projects.

#### Are You A Sports Person, Coach Or Club Looking For Funding?

Runnymede Borough Council offer grants to:-

- Any individual living in the Borough of Runnymede with a proven ability

participating competitively in amateur sport, or in training to coach a sport recognised on the Sports Council official list. The level of grant is dependent upon the level of achievement of each individual.

- Non-profit making sports and recreational organisations with a permanent base within the Borough or which use Borough facilities on a regular basis.

For more details, contact 01932 425625 / 01932 425683.

Forms are also available at [www.runnymede.gov.uk/sport](http://www.runnymede.gov.uk/sport)

### FUNDING OPPORTUNITIES FROM SURREY COUNTY PLAYING FIELDS ASSOCIATION



SURREY COUNTY  
PLAYING FIELDS ASSOCIATION

Surrey County Playing Fields Association (SCPFA) is not literally just about playing fields. It is a Countywide organisation promoting, representing and aiding all sport and recreation in Surrey. It is an independent charity staffed by voluntary officers and affiliated to the National Playing Fields Association (NPFPA), but not subject to NPFPA direction.

SCPFA can help in a number of ways as follows:-

1. Provide, at no charge to the applicant, technical, legal, financial or planning advice for providing or improving facilities.
2. Give grants up to a normal maximum of £1500 to:

a) Increase participation by providing 'start up' equipment and supporting 'taster' or 'Sport for All' days.

b) Improve standards by providing financial aid courses for coaches, judges and umpires, including facility hire and specialist equipment e.g. hire of indoor hall, payment of coaches etc.

c) Purchase demonstration equipment for courses.

d) Assist with the cost of minor provision e.g. non personal equipment for junior sections, artificial wickets, machinery.

Exceptionally, much larger grants are given to projects of County significance - examples include PHAB accommodation block, Racket Sports for Children with Special Needs and the Sports Aid Foundation, for awards to Surrey athletes.

3. Make loans of up to £35,000 from our £500,000 loan fund for providing new facilities, improving existing facilities and purchasing the freehold sports grounds. These loans are NOT for running expenses, but they may be used as 'matching' funding for lottery applications. Loans have to be guaranteed by club members, interest is charged at 5% on outstanding balances and payments can be spread over up to ten years.

Contact the SCPFA through the Hon. General Secretary, Jim Faulkner at:

9 Copse Edge, Cranleigh,  
Surrey GU6 7DU

Tel: 01483 275628

Email: jim\_faulkner@talk21.com

OR

The Area Development Officer,  
Ernie Sears

'St. Frances', 17 Avenue Road,  
Staines Road, Staines, Middlesex  
TW18 3AW

Tel: 01784 461191

E-mail: erniestsears@btinternet.com

The SCPFA publishes a newsletter 3 times a year which we circulate with the assistance of local councils, and club secretaries etc., those who would like to have a copy delivered directly may apply to me (Ernie Sears) and I will endeavour to make appropriate arrangements.

### ACTIVE PLACES



www.activeplaces.com is a sport facilities database set up by Sport England. It holds information about facilities all around the country, including local authority leisure centres, commercial facilities and club sites. The Active Places website is designed to make it easier for the general public to take part in sport and exercise activities by enabling them to find local facilities. Sport England's long-term goal is to get 50% of the population taking part in 30 minutes of moderate exercise at least 5 times a week. It is hoped that the availability of this web-based database will contribute towards this aim. In the future Active Places hopes to include more detailed information, such as location of outdoor tennis courts and bowling greens. If you have any questions please contact [activeplacesdata@sportengland.org](mailto:activeplacesdata@sportengland.org)

### EVERYDAY SPORT - JUST 30 MINUTES A DAY!



It only takes 30 minutes a day to become fitter, healthier and happier.

Health experts recommend that adults should take part in

30 minutes of moderate intensity physical activity on five or more days of the week, to benefit health. Further information on the benefits of 30 minutes a day is available on [www.everydaysport.com](http://www.everydaysport.com). Moderate physical activity is the equivalent of a brisk walking pace and should make you breathe slightly harder and feel a bit warmer. The activity does not need to be hard and you should be able to talk and be active at the same time. Try to make physical activity part of your daily routine by walking or cycling short distances instead of using the car, or taking the stairs instead of the lift. If you are currently inactive it is important to gradually build up your physical activity. You could start by trying 10 - 20 minute bouts. Always start and finish slowly to warm up and warm down. It is important to check with your doctor or practice nurse if you are unsure about whether you should increase your activity, or have any other concerns. If you feel unwell, dizzy or develop pain or nausea whilst exercising, stop and seek medical advice.