

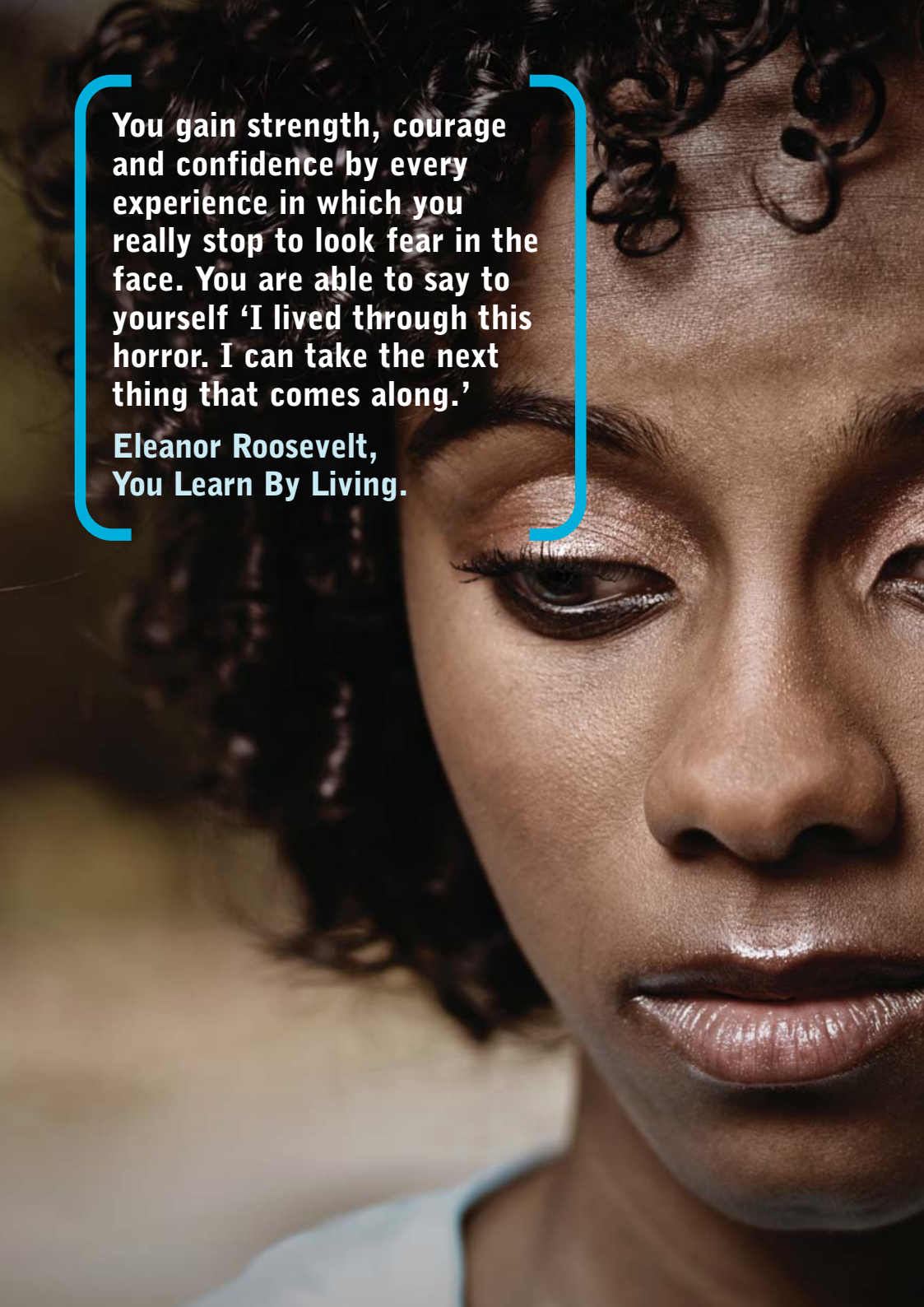


your **Sanctuary**
for li wi



**INVESTORS
IN PEOPLE**

24 hour Helpline 01483 776822

A close-up, low-angle portrait of a woman with dark, curly hair. She is looking down and to the right with a thoughtful expression. The lighting is soft, highlighting her features. A blue bracket-like graphic frames the text on the left side of the image.

You gain strength, courage and confidence by every experience in which you really stop to look fear in the face. You are able to say to yourself 'I lived through this horror. I can take the next thing that comes along.'

**Eleanor Roosevelt,
You Learn By Living.**

The Need

Every day **your Sanctuary** deals with the result of domestic abuse: the physical, psychological and emotional scars, the broken families, the shattered lives. The statistics are staggering:

One case of domestic abuse occurs every 20 seconds in the UK; it is the 2nd most common violent crime in Great Britain.

2 women every week and 30 men per year are killed in England and Wales by current or former partners; domestic abuse has more repeat victims than any other crime.

One in 3 women in Surrey and one in 6 men will experience some form of domestic abuse – physical, psychological, emotional, sexual or financial – in their lifetime.

Every year 750,000 children witness family abuse and in half these cases they are physically harmed.

25% of 13-17 year olds who are dating report experiencing physical violence or verbal, emotional or sexual abuse in their relationships.

“Enterprise Rent-A-Car supports your Sanctuary because we know many people in the communities we serve – our customers, employees and their families – are either directly touched by domestic abuse or know someone who is.”

**Ed Spitzer,
Director**

How we Help

your Sanctuary works to prevent domestic abuse and undo the damage it does to individuals, families and communities. In addition to direct services to women, men and children affected by domestic abuse, **your Sanctuary** provides comprehensive prevention, advocacy and education programs. Our clients come from diverse communities, sexual orientations, religions, ethnicities, socio-economic and age groups. We are based in Surrey, where one in three women experience domestic abuse as opposed to the one in four nationally. We don't restrict our work to the Surrey borders, reaching out to fleeing families from around the country and answering calls on our 24hr helpline from whoever needs help.

Helpline Our 24/7 emergency Helpline offers immediate emotional support to people experiencing domestic abuse, as well as confidential advice and information on personal safety and security, housing and finances, benefits and immigration, legal, family and children's issues. We also respond to enquiries from public and private agencies, community organisations and other non-profit groups.

Refuge On any day in the UK there are 7,000 women and children fleeing domestic abuse and living in a refuge. **your Sanctuary** operates two safe houses for women and their children, the only such facilities in Northwest Surrey. We help domestic abuse survivors make the transition from temporary refuge to independent living by offering support in a number of areas: financial management, housing, education and parenting. In the first half of 2010 100% of our residents leaving refuge have been empowered to make choices and take control of their own lives.

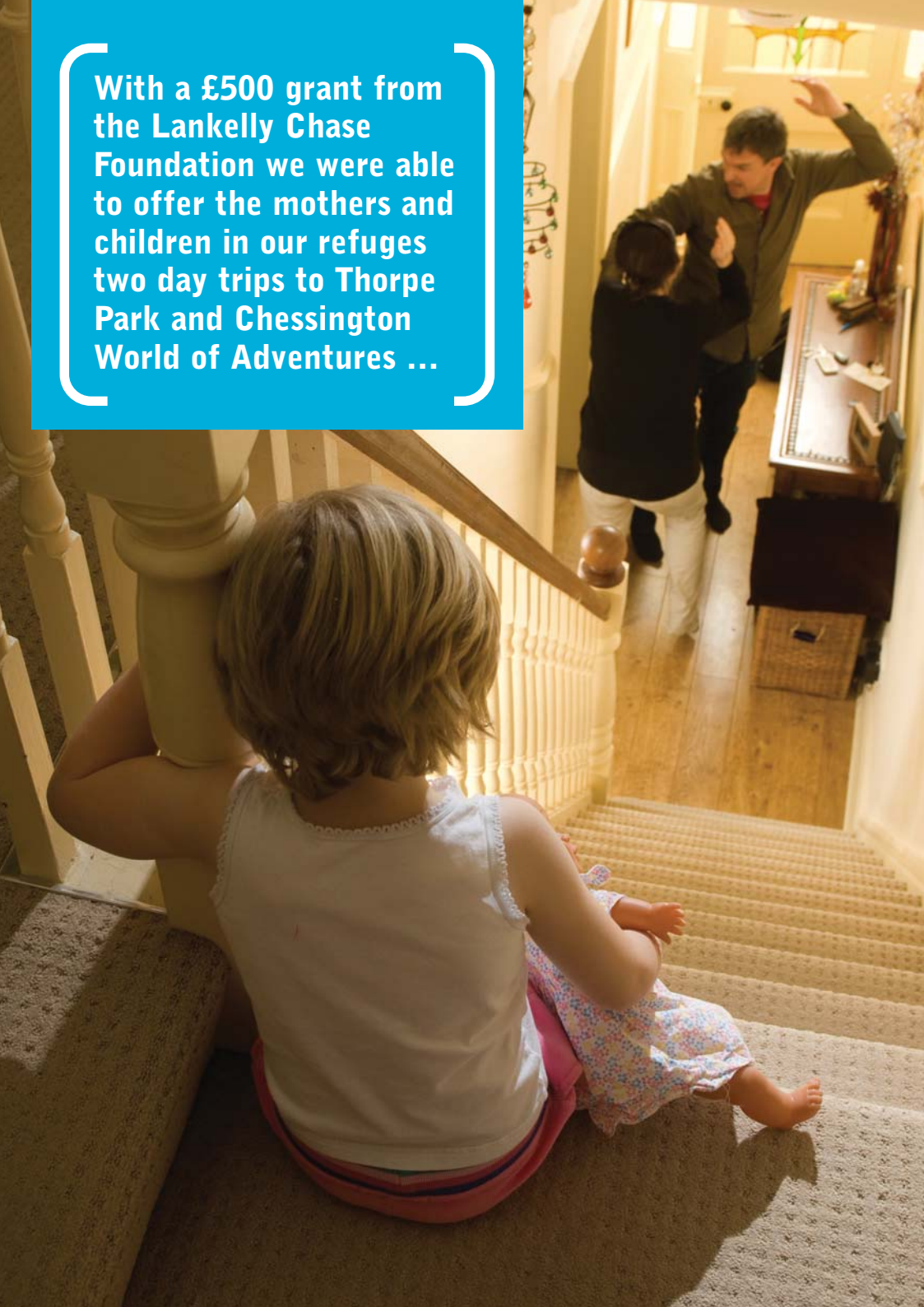
Outreach and Support Our team of Outreach workers serve as advocates for people suffering from domestic abuse and offer practical and emotional support. We also offer free weekly legal and counselling clinics. **your Sanctuary** works in close consultation and cooperation with a variety of public and private agencies including local councils, probation and police departments and third-sector partners.

“The service, support and advice I received from my women’s support worker has been absolutely invaluable. I gained the strength and determination to move on with my life. Without her support I know like countless times before, I would have relented to his constant pleas for more chances... I would definitely have been so much more vulnerable and lost. There isn’t a single thing that would have improved the services I received.”

Children’s Services Last year your Sanctuary supported 58 children in refuge, two-thirds of whom were age 5 and under. There is a critical need to support children both in refuge and in the community with professional help which can be complimented by our limited volunteers service. The majority of our outreach clients have children that are still living with the current or after effects of domestic abuse and also need a dedicated service to break the cycle of violence, recover and learn how to form long term healthy relationships.

Thanks to an exceptional gift from the Salesforce.com Foundation – 20 free computer software licenses valued in excess of £20,000 we are saving nearly 2 days of staff time a week in tracking and managing Helpline, Refuge and Outreach services, leaving us free to devote more time to work directly to keep people safe.

With a £500 grant from the Lankelly Chase Foundation we were able to offer the mothers and children in our refuges two day trips to Thorpe Park and Chessington World of Adventures ...



Prevention and Safety We work to reduce the incidence and reverse the cycle of family violence, especially repeat victimisation and perpetration. For instance your Sanctuary has Women Safety Workers (WSW's) who work alongside Surrey and Sussex Probation Service who run the community based Integrated Domestic Abuse Program (IDAP), a group work program designed to reduce re-offending by adult male domestic abuse perpetrators. The your Sanctuary WSWs work with the victims and new partners of the men on IDAP to reduce risk and sign-post to other support services.

your Sanctuary also works with and through others to develop and provide transformative education programs. We aim to work with local schools, civic groups and businesses to increase public awareness and understanding of domestic abuse. We also strive to affect public policy and play a leadership role in developing dynamic solutions to end abuse and empower survivors.

Proctor & Gamble and 96.4 EagleRadio have generously underwritten a year long publicity campaign, drawing public attention to domestic abuse and how to get help. We will reach an audience of nearly 300,000 radio listeners starting in 2011, increasing public attention to and awareness of domestic abuse and helping victims live lives without fear.

“Thank you for the opportunity to spend a fun-filled day with my son. It really helped us get to know each other again and has brought us closer. We had a great time.”

“Thank you for your generosity. My daughters had a fabulous day and haven't laughed so much for a long time ...”

In 2010 your Sanctuary

- answered 1944 calls on our 24hr helpline
- offered a safe home and support to 50 women and 58 children escaping abuse
- supplied free legal advice to 150 women and individual counselling to another 35
- responded to 1032 individual referrals from police, probation and social services involving people experiencing domestic abuse
- started a new Male Outreach service

The Lloyd's TSB Foundation for England and Wales is providing invaluable support to your Sanctuary by helping fund a Children's Refuge worker. With their £21,000 grant we are now able to offer our littlest residents opportunities for therapeutic play, individual and group counselling and mother and child bonding, helping undo the damage that domestic abuse does.

We have recently received support from the Dancer Fund, Mamie Mollan Grassroots Fund and Community Foundation for Surrey. This grant will enable us, in 2011, to run a pilot Children's Outreach group for children of women using our Outreach service.

The Possibilities

your Sanctuary's work is only limited by our financial constraints. With increased individual, corporate and trust and foundation support, we could

- expand and improve our 24/7 Helpline service
- boost our education and awareness-raising efforts particularly those aimed at young people
- strengthen our prevention work through running a significant "for a life without fear" campaign
- recruit an additional Children's Refuge Worker so that each refuge has individual support and offer an outreach children's service
- develop our expanding volunteer team including a volunteer fundraising events team

**In addition to
financial contributions
we welcome support in
a number of ways:**

a dedicated group of Wates Construction employees adopted your Sanctuary as their charity for a company-sponsored volunteer work day. The time and energy they gave to refurbishing our houses saved substantial maintenance costs and has made a lasting difference to refuge life

Gifts by cash
more, see page

17 Other than
see page

18 C

19

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21 Un



What a gift to your Sanctuary can do...

£10 could buy one mobile phone "top up" for a Helpline volunteer

£30 could buy materials to help children express themselves through art therapy

£50 could cover training costs for 2 Helpline volunteers

£200 could refurbish a bedroom in refuge

£500 could support one member of our Outreach team for one week

£1,250 could pay for one-quarter of our annual electric bill

£3,200 could buy 12 support sessions for young people affected by domestic abuse

£5,000 could buy 100 hours of one-to-one counselling time for survivors of domestic abuse

£7,500 could pay for a fulltime Children's Refuge worker for 3 months

Moving Forward

2011 saw the launch of our new, improved **your Sanctuary** website. It's packed with information and advice on our services and the work that we do, as well as domestic abuse facts. You can also find out how you can support us, and discover how existing donors are already making a difference.

We've also expanded our social networks. Visit our facebook and twitter pages for up-to-date information on news, events and upcoming opportunities.

You can also find us on the following websites, which offer quick and easy ways to support us:

Giveacar



We have recently teamed up with Giveacar, the UK's largest scrap car and vehicle donation service. The service organises the free collection and recycling of any car or vehicle, anywhere in the UK. Cars are either disposed of, and the value of the scrap metal donated, or placed into an auction, and the sale price donated. To donate a car to your Sanctuary please visit **<http://www.giveacar.co.uk/donate-a-car-to-charity/your-sanctuary>** and it will lead directly to our page on the Giveacar website.

Easyfundraising.com



Shop online and raise money for your Sanctuary, at no added cost! Sign up to **<http://www.easyfundraising.org.uk/causes/yoursanctuary>** and use the links on the site to take you to the retailer. A percentage of whatever you spend will then come directly to us at no extra cost to yourself.

eBay for Charity



Registered with eBay? Choose us as your favourite charity, and donate a percentage of the final selling price on your items. Not selling? Look out for the eBay for Charity ribbon on items and support our cause. Check out **http://donations.ebay.co.uk/charity/charity.jsp?NP_ID=45478** for further info!

<http://www.yoursanctuary.org.uk/>

<http://www.facebook.com/yoursanctuary>

<http://twitter.com/#!/yourSanctuaryUK>



How you can help

There are a number of ways in which you can support **your Sanctuary**:

Donate - in order to sustain our services, we need the security of regular donations. We are grateful for any gift- a one-off donation is a wonderful contribution, and regular donations via standing order or payroll giving will make a huge difference to our work.

In-kind donations - these are vital to the running of our refuges. Through the generous support of The Big Yellow Self Storage Company we are offering a "donation station" service . Donations can be dropped at our local Big Yellow – where they will be safely stored until being allocated to our refuges. Call 01483 776822 for more details.

Hold or attend a fundraising event - these are a fun way to raise money for your Sanctuary, and can include anything from hosting a coffee morning to holding a fashion show! Contact us to receive our fundraising toolkit, which is full of tips and ideas on how to make your event a success. Alternatively, take part in a sponsored run or swim - a great way to keep fit, all in the name of a good cause.

Support from Trusts & Foundations - Grants from trusts and foundations are vital in enabling us to develop and sustain specific projects to support the needs of those affected by domestic abuse. Such funding is key in allowing us to expand our work and develop new approaches. Contact us for details of our priority projects.

Join Us - Your Sanctuary's work is underpinned by our volunteers and we know that our achievements would be impossible without them; our volunteers are integral to us meeting our core aims. We value our volunteers and aim to provide the best of experiences and the opportunity for them to achieve their personal goals through their involvement with us. In the provision of our services, we always strive to match the needs of our clients and our organisation, with the needs of our volunteers.

There are a number of opportunities: help at our reception desk in our central office, take calls on the helpline, assist at the refuge, or help organise a fundraising event

To find out how you can donate to your Sanctuary, make a major gift or discuss ways in which you can support us please contact our fundraising team on 01483 776 868 or e-mail info@yoursanctuary.org.uk.



Our Partners

your Sanctuary depends entirely on the generosity and support of individuals and business, philanthropic and community partners. Our ability to continue to effectively respond to the vulnerable individuals and families who need our help is seriously threatened by cuts in government funding, the challenging economic climate and growing competition for philanthropic support.

Business and Philanthropic Partners

Listed Alphabetically

A-Plant

Arbonne International

AWD Chase DeVere

The Big Yellow Storage Company

The Body Shop – Woking

BP

Brewers

Chambers Waste Management PLC

Community Foundation for Surrey

Curves

Dancer Fund

Enterprise Rent-A-Car

GlaxoSmithKline

Harper Craven

JAG Carpentry Contractors Ltd

The Lankelly Chase Foundation

Lloyds TSB Foundation for England and Wales

Mamie Mollan Grassroots Fund

PA Consulting Group

Pampered Chef

Petrofac

Proctor & Gamble

Ramsted Construction

Royal Holloway University of London

SalesForce.com Foundation

Sainsbury's

Skills South East

Travis Perkins

U-Recruit

Waitrose Ltd

Wates Construction

Wates Family Enterprise Trust

The Yorkshire Building Society

96.4 Eagle Radio



Public Partners

Listed Alphabetically

Crime and Disorder Partnership

(Runnymede, Surrey Heath and Woking Borough Councils)

Department of Social Services Hate Crime Scrutiny Panel

Home Office Shared Service Centre

Mayor of Runnymede

Surrey County Council

Surrey County Council Supporting People

Surrey Heath Borough Council

Surrey and Sussex Probation Trust

Woking Borough Council

Womens Aid Federation of England



Community Partners

Listed Alphabetically

ACS Cobham International School – High School

All Saints Rectory

Alton Ladies' Circle

American Women's Organisation

Barnsbury Primary School

The Besom Project

Brewery Road Methodist Church

Chertsey Learning Centre

Church of the Good Shepherd, Pyrford

Childrens Team Surrey Contact Centre

Epsom Non-Principle Learning Group

Frimley Park Hospital

Headley Parish Church

Inner Wheel Club

The Inner Wheel Club of Woking, District14

Laleham Methodist Church

The Mothers Union

The Mytchett Vale Women's Club

The Parish Church of Saint Mary the Virgin, Stoke D'Abernon

The Parish of Bisley & Westend

Parish of Pyrford with Wisley Women's Forum, Wednesday Group

Parkside School

The Raleigh School

RAVs (Runnymede Association of Voluntary Services)

The Salvation Army

Seale Parish Church Tea Room

St John the Baptist School

St John's Knaphill Children's Centre

St John's Stoke, Guildford

St Mary's Vicarage

St Michael's Church

Tormead School

Trinity Methodist Church

Valley End Primary School

WAVs (Woking Association of Voluntary Services)

Woking Vineyard Church

What our clients say...

Tina: “your Sanctuary has made it possible for me to believe that I have a right to choose not to live with people who are abusive. The support I receive helps me feel not so isolated and alone and helps me manage my relationships with the abusive people in my life. When I feel worn down by emotional blackmail and manipulation, I am reminded that I have a right to healthy relationships. The quality of my life has improved and I have more hope for the future. Thank you.”

Tamara: “I finally got the courage to leave after 10 years and am now in refuge. I am making changes, having positive thoughts and learning to relax. I have great ambitions for myself and my baby. The staff and the girls have been a great help and great support; if it wasn't for them I would never have gotten as far ahead as I am now. I am grateful I got the chance to turn my life and my baby's life around.”

Sophie: “I came to refuge after fleeing domestic abuse which I had been suffering for 10 years. For my own security and the safety of my son, I had to leave. Now for the first time in 10 years I feel independent, strong and free. I hope to move on and make a better life for me and my son. I hope to achieve things that were just dreams. I hope to be truly loved and cared for, respected and treated like a lady. I hope to be me once again.”

Gwen: “I am a 24 year old single mum to one beautiful 2 year old. I currently live in a women's refuge and for the first time in my short life I feel free. I feel safe. I no longer feel alone. For the first time when I wake up in the morning the first thought that crosses my mind is not, “will I die today?” I was made to believe I was mad, ugly and not worth anything. But refuge has helped me find myself and without them I am scared to think where I would be right now. It saved me.”



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